



L.A.

TIMES

Lake Ashton Community Newsletter
August 2019

Simply the Best!

DOG DAYS OF SUMMER

see p. 16



Summer is in
full swing at
Lake Ashton.
Enjoy games,
sports, dinners,
shows, and more!

Lake Ashton Community Development District
4141 Ashton Club Drive, Lake Wales, FL 33859
Lake Ashton is a 55 & Older Deed Restricted Community

863.324.6032
863.324.5457
www.ashtonliving.net

MAKE NO MISTAKE, WE ARE THE BEST AT WHAT WE DO!



- Lake Ashton Resales was involved in **59 home closings** in 2018, representing **71% of all closings**.
- Our next closest competitor was involved in 22 home closings – **We more than doubled our closest competitor in transactions!**
- We can do this by having the **ONLY on-site professionally staffed office** to serve your needs **7 days a week**
- The team is led by Terri Mattocks, Broker, one of the initial residents who has called Lake Ashton home for over 15 years

*Back Row: (L to R): Brad Kirwan, Lori Raath
Front Row: (L to R): Terri Mattocks, Sarah Lord*



LAKE ASHTON RESALES

Licensed Real Estate Agent

LAKEASHTONRESALES.COM
863.318.9542

LAKE ASHTON REALTY, INC.

NEWSLETTER STAFF

Christine Wells

Editor

cwells@lakeashtoncdd.com

863.324.5457

Valerie McCutcheon

**Advertising Sales,
Layout & Design**

valerie@lakeashtoncdd.com

863.324.6032

SUBMISSION GUIDELINES

Sept. Issue Deadline: Aug. 14

- Articles can be submitted on behalf of Lake Ashton clubs/groups/organizations to promote lifestyle enhancing, opportunities, and must be approved by the group leader prior to publication
- Email articles to: valerie@lakeashtoncdd.com
- 150 word limit — articles will be edited for length and clarity
- Include your club contact and phone number
- The writing style is third person — avoid using I, me, my, we, our, or personal pronouns

Photo Specifications:

- All photos must be high-res digital images in "jpeg" format and submitted via email or CD/flash drive
- Space will generally allow only one photo per article
- The designer and printer will make the final determination as to the print quality of photographs for publication

THE LAKE ASHTON COMMUNITY DEVELOPMENT DISTRICT DOES NOT ENDORSE OR SUPPORT ANY PARTICULAR POLITICAL CANDIDATE, PARTY, MEASURE OR ISSUE, OR ANY PRODUCT OR SERVICE.

AUG. 2019

Lake Ashton employees are at your service.

We want your experiences in the Clubhouse, Golf Course and HFC to be as pleasant and memorable as possible. Don't forget to visit the official website for the Lake Ashton Community Development Districts and Lake Ashton Homeowners Associations, ashtonliving.net.

Lake Ashton Clubhouse

4141 Ashton Club Drive

Lake Wales, FL 33859

Phone: 863.324.5457

Fax: 863.324.5829

LACDD Community Director:

Christine Wells

cwells@lakeashtoncdd.com

Clubhouse Activities Desk:

Caroline Lane

863.324.6032

clane@lakeashtoncdd.com

Clubhouse Office Manager:

Sheila Moreland

863.324.5457

smoreland@lakeashtoncdd.com

Clubhouse Operations Manager:

Matt Fisher

863.956.6207

mfisher@lakeashtoncdd.com

Lake Ashton Health & Fitness Center (HFC)

6052 Pebble Beach Boulevard

Winter Haven, FL 33884

Phone: 863.595.1562

Fax: 863.595.1567

LAICDD Community Director:

Mary Bosman

mbosman@lakeashton2cdd.com

HFC Activities Desk:

Louise Crespin

863.595.1562

lcrespin@lakeashton2cdd.com

HFC Activities Office Manager:

Karen Van Kirk

863.595.1562

kvankirk@lakeashton2cdd.com

NiNi's at Lake Ashton	863.324.5810	
HOA Office (LW)	863.325.0065	office@lakeashtonhoa.org
RV & Storage Center - Debbie Holmes	863.326.1304	dholmes@lakeashtongolf.com
Golf Club - Paul Sisemore, Golf Pro	863.326.1032	psisemore@lakeashtongolf.com
Eagle's Nest	863.326.1085	

Gate Houses & Security Officers:

Thompson Nursery Rd (LW):

863.324.7290

CR 653 (WH):

863.318.0237

Police Non-Emergency:

Lake Wales: 863.678.4223

Winter Haven: 863.291.5858

Polk County Sheriff: 863.298.6200

MEETINGS

Keep Informed – Attend Monday Coffee at 9 am in the Clubhouse Ballroom for updates on activities, clubs and groups, facility maintenance, and other community news.

August 5 - Birthdays & Anniversaries



Birthdays and anniversaries will be recognized and a treat provided by HealthCare Advocates
Featured speaker: Sabrina Long, Nurse Director, LWMC
Knife Sharpening - Lake Ashton Woodworkers

August 12 - Bite Me Monday

Bring your pet food/item donations for the Humane Society of Polk County

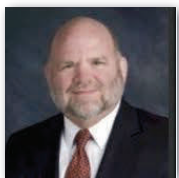
Featured speaker: City of Lake Wales Updates

Vendor: Matt Simpson with Edward Jones

Blood Pressure & Glucose Screenings — Lake Wales Medical Center



August 19 - Peanut Butter Monday



Bring donations of non-perishable food items for a local food pantry

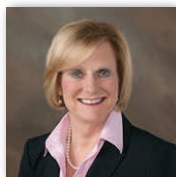
Featured speaker: Joe G. Tedder, Polk County Tax Collector since 1996

Vendor: America's Best Hearing

August 26 – Blast from the Past

Featured speaker: Stacy M. Butterfield, Polk County Clerk of the Courts since 2013

Vendor: Morgan Stanley - Matthew Grubb



Purchase fresh produce in the Clubhouse Parking Lot
Wednesdays from 1 to 3 pm!

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BOARD OF SUPERVISORS MEETINGS

Lake Ashton II (WH) CDD

August 9, 2019 at 1:30 pm

HFC Community Center

Lake Ashton (LW) CDD

August 19, 2019 at

10:30 am

Clubhouse Ballroom

CITY COMMISSION MEETINGS

Lake Wales

1st & 3rd Tuesdays at 6 pm

in Commission Chambers,

Municipal Administration

Bldg., 201 W. Central Ave.,

Lake Wales

Winter Haven

2nd & 4th Monday at 6:30

pm in the John Fuller

Auditorium in City Hall,

451 Third Street NW,

Winter Haven

NEW TO LAKE ASHTON?

**New Resident Social in
the Clubhouse Ballroom
August 14 at 3 pm**

**Get Your Resident Photo
Identification Cards Made
at the Clubhouse
Activities Desk**

Tuesdays: 10 am - 1 pm

Wednesdays: 3 - 5 pm

Thursdays: 10 am - 1 pm

*Bring a state issued drivers
license and warranty deed.*

HAVE VISITORS?

**Anyone using amenities
at the Clubhouse or HFC
must have a Lake Ashton
Resident ID Card or
Facilities Guest Pass.**

**Register guests at the
Clubhouse Activities Desk
during business hours.
Residents must bring at
least one adult guest to
sign the form. Renters
must have a copy of their
rental agreement.**

WELCOME COMMITTEE

A member of the Welcome Committee is willing to meet and greet new residents at their home or place of convenience in Lake Ashton. For more info or to schedule a visit, contact Cynthia Halde at 231.343.1847 or haldehaven@gmail.com.

REMINDERS

Important Driver Safety Reminder

All vehicles, including golf carts, must obey all stop signs and the 20 mph speed limit throughout Lake Ashton. Drivers, please keep an eye out for pedestrians at all times. Obeying posted speed limit and traffic signs can help avert a potential tragedy. Remember, golf carts may not be operated on public roads or streets by any person under age 14.

Storm Season

All residents who will be spending the summer months in Florida should prepare for severe weather. A detailed list of storm tips can be found at ashtonliving.net and at either Activities Desk, in addition to a document from FEMA to assist in preparation for a storm.

Seasonal Residents and Summer Travelers

If you will be away for the summer, please stop by the Clubhouse Activities Desk to put your LA Times delivery on hold, or sign up and pay for a seasonal subscription (\$3/month domestic; \$4/month international). The newsletter and calendars are also published on ashtonliving.net. A Summer Checklist is also posted online (under Community Resources in the Resource Center) or hard copies are available at the Clubhouse Activities Desk.

Shredding Event

Henderson Sachs, PA is sponsoring a mobile shredding service at Lake Ashton on Monday, October 21. Please bring any papers to be shredded to the Clubhouse Foyer between noon and 3 pm on this day only. Make sure to remove all clips and rubber bands before dropping them off (staples are ok to keep). If you have any questions please contact the Clubhouse Activities Desk.

Lost and Found

If you have lost anything at the Clubhouse or surrounding area, please stop by the Club Office Monday through Friday, 9 a.m. to 5 p.m., to see if it has been turned in to the Clubhouse Lost and Found. Items in the Lost and Found will periodically be displayed at Monday Coffee, and if they have not been claimed after a certain period of time, they may be donated to the Lake Wales Care Center. If you have any questions, call Sheila at **863.324.5457** or stop by the Club Office during the hours listed above.

LACDD NEWS

By Christine Wells, LACDD Community Director



2019 is more than half over already, but there are many more fun things to come! Mark your calendars for the dates listed below — there is never a shortage of fun when you live in Lake Ashton! More information will follow in upcoming LA Times issues. Be sure to check out the Events section on page 16 to read more about upcoming events.

UPCOMING LACDD SPONSORED EVENTS

October 25: Home Improvement Expo
October 31: Monster Mash Halloween Bash
November 9: Car Show Cruise-In & Concert
December 31: New Year's Eve Party
featuring B.Haven

Sign up for a Lake Ashton hosted Bus Trip on deluxe Small World Tour motorcoaches. They will be traveling to Anna Maria Island in August ... no need to worry about beach parking when on the Lake Ashton bus! Visit the Clubhouse Activities Desk or ashtonliving.net for more details.

On July 22, Board of Supervisors met to adopt the Fiscal Year 2020 budget, set the operations and maintenance assessment and attend to Board matters. The budget for FY 2020 is now posted on ashtonliving.net. The assessment for Lake Wales residents was also set at \$1875 and will be included on the tax bill that is sent out at the end of this year. A sign reminding residents that the circular driveway at the Clubhouse is a "No Parking" zone (excluding golf carts) was also approved and will be installed soon. Please be sure to leave this area clear of unattended vehicles that may block emergency vehicle access. A quote submitted by Seminole Paving was also approved to repair various asphalt areas

in Lake Wales. A quote to repair the lightning strobe light at the Clubhouse was also approved and will be repaired as soon as possible.



Residents will also notice the installation of perennials at the Thompson Nursery Road entrance, Lake Ashton Blvd., and Clubhouse. Thank you to the residents who assisted with this project, especially Dianne Taylor who spent a number of hours helping with design and installation. Also, a big thank you to Matt Fisher for his assistance with removing dead hedges and plants to prepare for installation that saved the district around \$1,000.

The Joint Resident Feedback Survey report is now posted in the Resource Center on ashtonliving.net, or an electronic copy can also be requested by emailing cwells@lakeashtoncdd.com or mbosman@lakeashton2cdd.com.

Staff at the Clubhouse and HFC work hard everyday to ensure residents live their best retirement life at Lake Ashton. If there is an activity or service that is not currently offered but necessary to accomplish this goal please let us know by completing the resident feedback form at either Activities Desk or contacting Christine Wells, LA (LW) CDD Community Director or Mary Bosman, LAII (WH) CDD Community Director.

We hope residents enjoy this edition of the LA Times and are pleased with the effort staff puts forth to ensure residents enjoy the best years of their life!



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For additional Information please contact Matt Wright, Program Manager
at 863.412.1611 located in the Health & Fitness Center.

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LAIICDD NEWS



By Mary Bosman,
LAIICDD Community
Director

The short, LAIICDD
Board of Supervisors
meeting on July 19

lasted a record-breaking 17 minutes! Among other topics, the Joint Amenity Policy was discussed and will be finalized by the Attorneys very soon. The Joint meeting of the Boards followed the LAIICDD meeting at the HFC. Discussion by Board members and residents took place on the option of whether or not to buy the Lake Ashton golf courses. It was continued, not adjourned, until July 26, to allow for more information to be shared regarding the purchase or non-purchase. As of publication date, the meeting had not yet taken place.

The LAIICDD budget meeting on August 22 at 11 am will be important for all homeowners in the

Winter Haven portion of Lake Ashton to attend. Capital expenditures for 2020 will be discussed further and the general budget voted upon. All but two of the remaining 2019 capital projects are now complete with the installation of new fitness equipment, the new ADA entry door to the HFC building, the perennial plant project completed, the pool deck resurfaced, the pool door rollers replaced, and the vending machines will be in place. The Community Center is still missing the remaining shutters for the windows flanking the door to the pool area. The Pickleball Association presented their offer to cover \$3,000 of the cost of new pavers by the Pickleball Court at the July 19 meeting. These final projects for 2019 will be discussed further at the August 22 meeting.

Life at Lake Ashton is not perfect, but in real life, as you all know, nothing is perfect. Life at Lake Ashton is one of great value, however. I have the pleasure of working with my staff, Christine and her staff, volunteers, and Board members (both West and East). I see daily the significant efforts made by all who serve the Lake Ashton homeowners!



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LA LOOKS

Lake Ashton (LW) ARC

By Sue Bloedorn

Volunteers play an integral role in keeping the ARC operating effectively. The Architectural Review Committee is a subcommittee of the Home Owners Association (HOA) and is charged with assisting the Lake Ashton (LW) homeowners in making changes to the outside of their homes through properly filed ARC Requests. Reps assist homeowners in filling out requests with the help from the guidelines booklet and the CC&Rs.

The ARC meets twice a month (second and fourth Monday) at 3 pm in the Clubhouse Craft Room to review all requests to decide if they will be approved, denied, or put on hold for more information.

Presently, we have two vacancies on the committee. A willingness to help others, computer skills, and a knowledge of the CC&R's and ARC Guidelines would be helpful to residents seeking a position with the ARC.

If you are interested in more information or applying for a position, please contact Nancy Baker (HOA) or Sue Bloedorn (ARC).

5 Tips for Keeping Pests Away this Summer:

1. Get rid of standing water. Mosquitos breed in standing water so dump out water in flower pot trays or other objects where water collects.
2. Clear away debris. Pick up leaves, fronds, or other materials where critters may hide. Keep area surrounding your home clear so bugs aren't attracted to the foundation. Seal up cracks and holes so that they can't enter.
3. Seal up trash. Outdoor trashcans are attractive to raccoons, mice, bugs, and other critters. Make sure there is a seal or that your trash is contained in a sealed bag. This will also help control the smell which can attract animals.
4. Clean up spills. Quickly clean up any food or beverage messes. If left, they can attract ants, flies, or other animals. Just grab the garden hose and wash away.
5. Use natural repellants. One of the easiest ways to keep mosquitos away is to set up a fan to keep them out of your immediate area. They don't like the breeze. Some people find citronella candles and natural oils effective. You can also add plants, such as lavender, lemon grass, marigolds, basil or mint to your garden. These are natural pest repellants.

Taking these steps to keep pests away can allow you to make the most of time outdoors and relax more comfortably! Enjoy your summer outside.



Breakfast Club

You're invited to join us at the next meeting of our breakfast club.

Why are some people more successful investors than others?

Luck? Probably not. Do they know a “secret?” Definitely not – because there are no real secrets to investing. But there are rules you can follow to work toward your goals.

Join us for our *Rules of the Road* presentation. You'll learn:

- The most common investing mistakes and how to avoid them
- Investing strategies to help reach your long-term goals

Friday September 6th
9:00 - 9:45 am

Lake Ashton Health and Fitness Center
6052 Pebble Beach Blvd
Winter Haven, FL 33884

Hosted by:
Michael Kennedy



Michael Kennedy
Financial Advisor

7100 Cypress Gardens Blvd
Winter Haven, FL 33884
863-324-2486

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SAFETY

Wildlife Alert – Watch for Alligators



Female alligators build a mound nest of soil, vegetation, or debris and deposit an average of 32 to 46 eggs in late June or early July. Incubation requires approximately 63-68 days, and hatching occurs from mid-August through early September. Alligators and crocodiles are an important part of Florida's heritage and play a valuable role in the ecosystems where they live. Those who live near lakes and ponds should expect to see alligators from time-to-time but they should never be fed or approached.

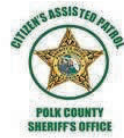
If you see an alligator:

- Always give these reptiles a respectful distance (at least 10 feet) and always leave them alone.
- Alligators are nocturnal animals, more active during the night. After dark, avoid fresh and brackish bodies of water, though alligators sometimes lurk in salt water. Unprovoked bites will often occur at the edge of the water.
- Never feed alligators; it encourages them to lose their natural fear of people.
- Small animals, like pets, and small children are generally more at risk than large adults.
- Female alligators protect their nests by hissing and opening their mouths; this does not mean they are preparing to attack.
- Alligators under 4 feet in length are not considered a threat to humans.

As long as residents have a healthy respect for wildlife, there are opportunities to live and let live. Brochures about coexisting with alligators and crocodiles are available at the Clubhouse Activities Desk and online at ashtonliving.net.

Citizens Assisted Patrol

By Stan Baron



Since school has let out there have been a number of unsecured vehicles broken into in Polk County. Items taken have ranged from currency, wallets with all kinds of identification and credit cards, as well as GPS units. Now that school is out, please be more aware of who is roaming around shopping centers, etc. This is not to say that all of these events have been caused by young folks but there are a lot of them out there with not much to do. The Sheriff would rather stop the event from happening than to have to work the crime. Lake Ashton is a very safe community but be aware we also have many outsiders and construction workers in the development, so **REMEMBER LOCK YOUR VEHICLES.**

CAP and Neighborhood Watch are the eyes and ears of Lake Ashton. They are not law enforcement but observe and report only. They do not carry a gun or taser; they use a cell phone if they see something suspicious or help is needed. CAP is made up of men and women volunteers residing in Lake Ashton, year round or seasonally. Last year CAP had over 3,500 patrol hours. If you can find the time and would like to join, your help is always needed! For more information, contact Mike Weissberg (863.324.3541) or Stan Baron (863.229.5269). Applications are available at either Activities Desk or in the patrol cars.



Neighborhood Watch

By Fay Wood, NW Chief

Crime Prevention Tips Courtesy of Law Enforcement - Protect Your Residence!

- Lock your doors and windows when leaving home. Most residential burglaries occur during the daytime. Use an Alarm System.
- Make your home look occupied.
- Lock all outside doors and windows before you leave the house or go to bed.
- Leave lights on when you go out.

- Keep your garage door closed and locked.
- Don't allow daily deliveries of mail, newspapers or flyers build up while you are away. Arrange for the USPS to hold your mail, or for a friend/neighbor to help.
- Pushbutton locks are easy for burglars to open. Install deadbolt locks.
- Sliding glass doors are vulnerable. Special locks are available for better security.
- Never leave keys under doormats, flowerpots, mailboxes or other "secret" hiding places -- burglars know where to look.
- Give out any keys and alarm codes to very few! Always better safe than sorry.

IT CAN WAIT!

Florida's new *Wireless Communications While Driving* law went into effect July 1. Law enforcement officers are authorized to stop vehicles and issue citations to drivers for texting while driving pursuant to FSS 316.305(3)(a).

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WELCOME

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"Gentle and kind. We have been patients for many years and highly recommend Dr Reddick."

*Ted and Louise Price
Residents of Lake Aston*

OFFICE HOURS

Monday - Wednesday: 7-5 Thursday: 7-4

OFFICE: (863)676-6507

FAX: (863)678-0424

Dr. Steven Reddick
440 South Buckmoore Rd
Lake Wales, FL 33853

redrickdentistry@aol.com

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MOVIES



August 1 at 11 am & 3 pm

August 4 - 8 at 7 pm

VICE

2018 | R | 2h 12min

Biography/comedy/drama rated for language and some violent images.

The story of Dick Cheney (Christian Bale), an unassuming bureaucratic Washington insider, who quietly wielded immense power as Vice President to George W. Bush (Sam Rockwell), reshaping the country and the globe in ways still felt today.



August 6 - 8 at 11 am & 3 pm

August 11 - 15 at 7 pm

THE UPSIDE

2019 | PG-13 | 2h 2min

Drama rated for suggestive content and drug use. A recently paroled ex-convict (Kevin Hart) strikes up an

unusual and unlikely friendship with a quadriplegic billionaire (Bryan Cranston). They form an unlikely bond, bridging their differences and gaining invaluable wisdom in the process, giving each man a renewed sense of passion for life's possibilities.



August 13 - 15 at 11 am & 3 pm

August 18 - 22 at 7 pm

WELCOME TO MARWEN

2018 | PG-13 | 1h 56min

Comedy/drama biography rated for sequences of fantasy violence, some disturbing images, and language.

When a devastating attack leaves Mark Hogancamp (Steve Carrell) shattered and without his memory, no one expected recovery. But by putting together pieces from his old and new life, Mark meticulously creates a wondrous fantasy world, where he draws strength to triumph in the real one. His astonishing art installation becomes a testament to the powerful women supporting his journey.

MOVIES ARE SHOWN IN THE CLUBHOUSE CINEMA. CAPACITY: 55

ALL TUESDAY SHOWINGS ARE CLOSED CAPTIONED.



August 20 - 22 at 11 am & 3 pm

August 25 - 29 at 7 pm

KING OF THIEVES

2019 | R | 1h 48min

Crime drama rated for language.

Based on infamous true events, a famous thief, Brian Reader (Sir Michael Caine), pulls together a band of misfit criminals to plot the biggest bank heist in British history. The thieves manage to escape with allegedly over two hundred million British pounds worth of stolen jewels and money. When Police are called to the scene and the investigation starts, the cracks between the eccentric gang members begin to show as they row over how to share the goods.



August 27 - 29 at 11 am & 3 pm

CAPTAIN MARVEL

2019 | PG-13 | 2h 3min

Action/adventure/sci-fi rated for sequences of sci-fi violence and action, and brief suggestive language. Set in the 1990s, Marvel

Studios' Captain Marvel is an adventure from a previously unseen period in the history of the Marvel Cinematic Universe that follows the journey of Carol Danvers (Brie Larson) as she becomes one of the universe's most powerful heroes. When a galactic war between two alien races reaches Earth, Danvers finds herself and a small cadre of allies at the center of the maelstrom.

FEATURE FILM FRIDAYS: CLASSIC AND SPECIAL INTEREST MOVIES ARE SHOWN AT 1 PM.



August 2 - 1 pm

A RIVER RUNS THROUGH IT

1992 | PG | 2h 3min

Family drama rated for momentary nudity and some language. Two fly-fishing brothers, straitlaced scholar

Norman (Craig Sheffer) and trouble-finding gambler Paul (Brad Pitt), struggle to mollify their Presbyterian preacher father's (Tom Skerritt) lofty moral -- and fishing -- standards. Director Robert Redford's Oscar-winning, nostalgic meditation about the fierce bonds that unite and divide families is set in Montana in the early 1900s. Emily Lloyd, Stephen Shellen and Brenda Blethyn co-star.

August 9 - 1 pm

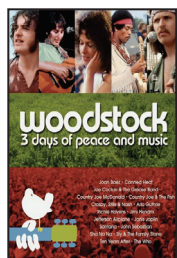


THE SEVEN-YEAR ITCH

1955 | NR | 1h 45min

Romantic comedy. After his family leaves for the summer, a middle-aged publisher lets his imagination run wild as he fantasizes about his curvaceous new neighbor (Marilyn Monroe). He resolves to avoid temptation, but she is hard to resist.

August 16 - 1 pm



WOODSTOCK: 3 DAYS OF PEACE & MUSIC

1970 | R | 3h 4min

Documentary. The director's cut of Michael Wadleigh's Oscar-winning documentary restores footage snipped from the original 1970 release. With the help of a young editor named Martin Scorsese, Wadleigh not only chronicles Woodstock's memorable music and legendary artists, he also captures the festival's dauntless free spirit. The presentation features live performances from, among others, Jimi Hendrix; the Who; Janis Joplin; and Crosby, Stills and Nash.

August 23 - 1 pm



THE BLUES BROTHERS

1980 | R | 2h 13min

Comedy rated for adult situations and language. After his release from prison, Jake Blues (John Belushi) reunites with his brother Elwood (Dan Aykroyd) -- The Blues Brothers' first task is to save the orphanage they grew up in from closing, by raising \$5,000 to pay back taxes. They are convinced they can earn the money by getting their old band back together.



August 30 - 1 pm

THE BIG SLEEP

1946 | NR | 1h 54min

Crime/film noir/mystery. A dangerous blackmailer has targeted the

Sternwoods, a wealthy family once tucked away in the safety of their Los Angeles mansion. But while private eye Philip Marlowe (Humphrey Bogart) works on the case, he ends up falling for the clan's fiery daughter (Lauren Bacall). Crackling dialogue and the perfect pairing of Bogart and Bacall make this adaptation of Raymond Chandler's novel a timeless classic

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EVENTS

Skip Frye Group at the HFC

By Karen VanKirk,
HFC Office Manager

Skip and Nancy Frye will return to the HFC August 17 at 7 pm. Skip is an amazing guitarist who entertained everyone with Jimmy Hendrix, BB King and Prince Songs and a variety of blues and country rock. Wife Nancy brought the house down when she sang Leonard Cohen's *Hallelujah*. Eagle's Nest staff will sell hamburgers, hotdogs and chips for \$6, as well as beer and wine. Table reservations are \$10 a table and admission is \$10 per person at the door.

The Dog Days of Summer

Get your tickets now for a Three Dog Night tribute band August 24 at 7 pm in the Clubhouse Ballroom. Themed snacks and non-alcoholic beverages are included with your ticket purchase! Tickets are \$10 at the Clubhouse Activities Desk (check payable to LACDD, Visa, or MasterCard). You can also get your favorite beverage at the Dog Bowl cash bar too!

Liverpool Live

Come Together on a Magical Mystery Tour featuring Florida's number one Beatles cover band, Liverpool Live! *Twist and Shout* on September 13. *Baby You Can Drive My Car* or you can take a *Yellow Submarine Across the Universe* to the Clubhouse Ballroom for the show at 7 pm. Don't be *The Fool on the Hill* — get your tickets for \$15 at the Clubhouse Activities Desk starting August 6 at 9 am!

Let's Get Quizzical!

Get ready to jog your memory at a free trivia event September 25 at 6:30 pm in the Clubhouse Ballroom. The questions will be centered around music, movies and the decades of the 50s, 60s and 70s. Gather your team of no more than 6 people to see who will be crowned Lake Ashton's Top Trivia Team! Snacks are covered, but don't forget to grab a drink at Nini's! Sign your team up at the Clubhouse Activities Desk by September 23.

Styles on for Alzheimer's

By Judy Puntureri

Ladies! Join your friends and neighbors for a fun Luncheon and Fashion Show on October 10 in the Clubhouse Ballroom. Sneak Peak at 11:30, lunch at noon, followed by a fabulous array of styles. Ticket price is \$22 and they will be available starting August 26 before and after Monday Coffee. Checks only, payable to LAAW (Lake Ashton Alzheimer's Walk). Tax deductible. Remember — bring your checkbook and credit cards. Please help in the fight to stamp out this devastating disease.

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EVENTS

Save the Date - Craft Show!

By Donna Debnar

Yes, there will be a craft show this year! Presented by the Lake Ashton Veterans Association Auxiliary, this year's event will benefit the Habitat for Humanity Tiny Homes Community for Veterans Project. The

event will take place at the Lake Ashton Clubhouse Ballroom on October 26 from 9 am to 4 pm. For more information or to volunteer your services, please contact Joan DiBattista at **239.851.7999**. For information about booth space please send your email address to djdebmar@gmail.com to receive your application. Thank you! Looking forward to seeing you there!

USO Dance — Save the Date!

By Chris Graves

The Lake Ashton Veterans Association (LAVA) and the LAVA Auxiliary will be hosting the upcoming USO Dance on November 8 in the Clubhouse Ballroom. You won't want to miss the live entertainment provided by: Good Stuff, Ladies Only and George and Connie Wilkinson. There will be a cash bar as well as several raffle baskets (one basket will be patriotic, one a decadent chocolate and one will be a new overnight bag that has been donated). The proceeds for the dance will benefit K9 Partners for Patriots. See you there!



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July 4th Walk/Run Event at the HFC

By Karen VanKirk, HFC Office Manager



Congratulations to all runners and walkers who participated in the Fourth of July Lake Ashton Walk/Run Event.

First place gold medal runner was Jeri Trakas, second place silver medal was Dr. Alan Gasner, and third place bronze medal was Joe Longworth (pictured at left).

First place gold medal walker was Rod Saunders, second place silver medal was Diane Fachado, and third bronze medal was Diana Methfessel (pictured below).



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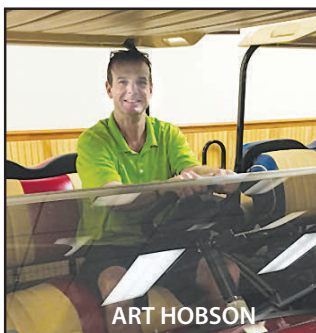
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GAMES

Monday Duplicate Bridge

June 3: Judy Marine & Geri Duffy, Nancy

Till & Jo Fuller, Margot & Keith Stevens, Pat Foster & Julie Demarois

June 10: Jim Ford & Don Fuller, Sonny Robinson & Pat Foster, Jo Fuller & Nancy Till, Sue Agre & Judy Robertson

June 17: North/South: Don Fuller & Jim Ford, Barb Cassidy & Robert Whorf, Pat Foster & Sonny Robinson **East/West:** Bob Wendin & George Rogers, Judy Robertson & Sue Agre, Nancy Till & Jo Fuller

June 24: Mary Lois Teyssier & Nancy Martins, Jo Fuller & Nancy Till, Sonny Robertson & Pat Foster, Margot & Keith Stevens

Tuesday Bridge

June 18: Linda Boast, Jim Mark, Marge Kniat

June 25: Judy Marine, Sue Maher, Maureen Ziegler

July 2: Nancy Martins, Carl Boast, Jim Mark, Dana Griffiths

July 9: Bob Wendin, Jim Mark, Nancy Martins, Margot Stevens

Friday Bridge

June 7: Jim Mark, Dana Griffiths, Geri Duffy

June 14: Judy Marine, Dana Griffiths, Marion Nelson

Slam Bonus: Judy Marine & Liz Leigh

June 21: Carol Zalesky, Bob Wendin, Judy Marine

Slam Bonus: Carol Zalesky & Judy Marine

June 28: Dana Griffiths, Marge Kniat, Geri Duffy

July 5: Dana Griffiths, Bob Wendin, Geri Duffy

Euchre Winners

June 29: Frank Duffy, JoAnn McKinley, Jim Brendenmuehl

June 8: Frank Duffy, Ron Staschke, Pam & Rich Totten (tie)

Intermediate Bridge

All are welcome to join Tuesdays from 3 to 5 pm in the HFC Billiards Room and/or Thursdays from 10 am to noon in the Clubhouse. Contact: Liz Leigh at leigh.elizabeth@gmail.com or **813.288.0809** for more information.

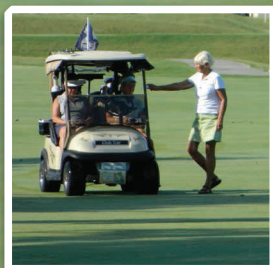
Summer Tennis

Some of the "fans" of the social tennis group. They play Mondays, Wednesdays, and Fridays at 7:30 am at the Clubhouse courts. There are lots of ways to beat the heat, so come on out and join. Left to right: John Sardina, Mo Panci, Phil Hines (President, Lake Ashton Tennis Association), Dawn Neigh, Joy Rogers, Susan Thompson, Dotti Miller, Arni Panci (not pictured)



GOLF

LALGA By Linda Zacharia



"Summertime, and the livin' is easy." Easy is not the word to describe the Lake Ashton Ladies Golf Association (LALGA) league play this summer. What with rain, unbearable heat, and cart path only, golf has been anything but easy. However, despite the summer conditions, the ladies of LALGA continue to have a good time! The scheduled games for August include ABCD pairings, partner play (randomly paired), and a 4-person shamble on August 13 followed by lunch in the Eagle's Nest. Be sure to sign up in the Pro Shop.

While you are out on the golf course be sure to stay well hydrated, wear and carry extra sunscreen, and remember, "The most important shot in golf is the next one" (a quote by Ben Hogan). Golfers, relax and enjoy yourselves.

LA Niners By Jane Poole

A picture is worth 1,000 words! If you would like information about the LA Niners and how to participate, call Vice President Cindy Mendez at 760.384.8637. Cindy will be happy to answer your questions and welcome you into a fun group with great gals.

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DINNERS

LA ROCS & Pebbles Potluck

By Lori Harben

The next Lake Ashton ROCS & Pebbles Potluck Dinner (Riviera, Oakmont, Colonial, Sawgrass & Pebble Beach house #'s 6016-6044) will be held on August 9 at 6 pm in the HFC Community Center. Please bring your own plates, utensils, napkins and beverages, along with a dish to share with 6-8 people. A \$2 donation (per couple) for supplies is greatly appreciated. A sign-up sheet is located in the HFC Hallway. Please RSVP by August 7 on the sign-up sheet, or by contacting Carolyn Bishop at cbbishop61@gmail.com or [919.606.8844](tel:919.606.8844). Volunteers are always needed and appreciated to help with set-up and clean up. See you there! *Pictured: Sherry, Jeri, Cheryl and Ann admiring the desserts!*



photo: Carolyn Bishop

Community Potluck

By Louise Crespín

Thank you to all who attended the July Community Potluck Dinner. Once again, attendees outdid themselves as tables were laden with a variety of delicious dishes of entrees, veggies, salad and the like, plus an array of mouth watering desserts. Potluck attendees participated in a game of charades as well as received a refresher on the US Constitution when Diane Klikas challenged everyone with a lively Q&A session.

You won't want to miss the August 11 community potluck, where attendees are asked ***not to bring*** dessert since an ice cream bar will be furnished. Cost is \$2/person and a covered dish of your choice (other than dessert). Sign up at the Clubhouse or HFC Activities Desk or email louise.crespin@yahoo.com or dianeklikas@gmail.com.

LA Winers & Diners/ Pet Co-op Combined Social

By Don Cook

The combined August social will be held August 14 at Ovation Bistro & Bar, 7130 Cypress Gardens Boulevard, in a private room. Social begins at 5 pm with dinner at 5:30. Order from their great menu. Many of you received a copy of their menu in last months mail and free coupons ... bring them with you! Purchase your \$2 reservation at the Clubhouse Activities Desk by August 12 — this is also your entry ticket to the door prize drawing.



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CLUBS

LA Singles

By Hazel McCord

The Lake Ashton Singles Group will meet August 4 at 3 pm in the Clubhouse Card Room to plan events and socialize. All Lake Ashton singles are welcome to join.

LA Belles

By Rose Crognale

The LA Belles August luncheon will be held on August 28 at noon at Il Forno, located at 3615 S. Florida Ave., Ste. 1310, Lakeland FL 33803. This event is hosted by Anna Marie Cooney. Sign up at the Clubhouse Activities Desk with your deposit check of \$10 to secure your reservation. Please make undated checks payable to LA Belles. Your check will be returned to you when you have checked in at the luncheon. You can use your undated check to hold your reservation each month. In order to cancel your reservation, you will need to contact one of the hostesses no later than

48 hours prior to the event to ensure that your deposit is returned. Any cancellations after that time period will forfeit their deposit unless someone from the wait list fills the vacancy.

Lake Ashton Democratic Club

By Lyn Rogers

The Lake Ashton Democratic Club will meet August 1 at 4 pm in the HFC and will feature State Committeewoman Karen Welzel talking about the Democratic Education Caucus. Ms. Welzel is a retired Human Resource Professional and has been active in Democratic Politics. The club will also have a breakfast at NiNi's on the last Sunday of the month, August 25 at 8:30 am.

Magic Years Club

By Rose Crognale

The Magic Years Club will NOT meet in August but will resume meetings on September 3 at 7 pm in the HFC Craft Room. The August Magic Years "entertainment" will be a showing of *Avatar* in the Clubhouse Cinema on August 16 at 7 pm. Bring your snacks and drinks for a night of fellowship. The Magic Years Club is open to all Lake Ashton residents who enjoy learning about and going to Disney luncheons and special events. Not all activities require a park ticket. Be sure to sign up with Magic Years Club as one of your preferences in the Resident Directory on ashtonliving.net.

Widows and Widowers Connection

By Mary Ellen Strange

If you are a widow or widower living in Lake Ashton, this is a great time to meet new friends who have also experienced the life changing event of losing a spouse. Gather for drinks and dinner at the Eagle's Nest August 20 — cocktails at 5:30 pm followed by dinner at 6. Please email Jane Milner at janem1950@gmail.com to be added to the group email notification. You will be notified of dinner menu and RSVP details about 10 days prior to the dinner. Signing up for the email notifications does not obligate you to attend. Your RSVP, however, is important for planning and food ordering.



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CLUBS

LA Travelers and RVers

By Maureen Sim

The Lake Ashton Travelers and RVers will continue to meet Tuesdays through the summer. The group will go into the bar at NiNi's to pick up drinks and then assemble in the Clubhouse Ballroom as usual. If you are in town, please join the group between 3 and 5 pm. If you have questions, please contact Maureen Sim at rsimcpa@verizon.net or Ann Boogher at btboogher@aol.com.

LA Travelers Blast Off at Space Coast Rally

By Carol Gillespie



The Lake Ashton Travelers pictured above had a blast when they visited Florida's Space Coast. From their RV park, they could see the launch pad at Cape Canaveral. Although the launch that was scheduled during their stay was scrubbed, the campers had plenty of other activities to keep them busy. They started the weekend with dinner and the movie *First Man* about Neil Armstrong and the Apollo 11 moon landing. The next day was spent visiting the Kennedy Space Center, including a bus tour of the launch sites and exhibits giving the history of the US space program. Though some of them had visited the Space Center previously, they saw new features that covered not only the moon landing but also the subsequent NASA programs that have greatly expanded man's understanding of the universe. The catered dinner that evening was followed by a space-themed trivia quiz, challenging the campers to remember all that they had learned from the movie and the Space Center tour. The following day they boarded a covered boat on the Indian River Lagoon

and cruised to Port Canaveral, enjoying lunch on the boat along the way. That evening they gathered for dinner at a waterfront restaurant that provided a beautiful view of the launch site.

The rally ended with donuts and coffee on Sunday morning, when the campers said goodbye and boarded their space vehicles for the return to Lake Ashton. It was a fun and educational weekend, and the Travelers left feeling well-prepared to celebrate the 50th anniversary of the moon landing in July.

Lake Ashton Republican Club

By Brenda Bush-Sayre

The August meeting of the Lake Ashton Republican Club will be held at the HFC on August 28. Social time will begin at 3:30 pm and the meeting will start at 4 pm. This month's speaker is Trevor Loudon, a New Zealand author, speaker, political activist and blogger. Mr. Loudon is the author of two self-published books, one of which was made into a documentary in 2016 entitled *Enemies Within*. Questions? Contact Brenda Bush-Sayre, bbs1954@icloud.com, 813.313. 9911.

Winged Foot Lane Pet Play Park

By Sharon Carl, President

Spring has sprung and the dog days of summer are here. Please remember how the heat can impact our dogs. Visit the park in the cooler part of the day and while there, use the water bowls to help keep your dog hydrated.

Many thanks to all those who donated their time and energy by participating in a much needed clean-up at the park. Quotes for additional trees are being obtained in an effort to provide more shade and add to the overall appearance of the park.

Donations for ongoing projects and supplies are always welcomed and appreciated. Checks can be made payable to Winged Foot Dog Park and submitted to either the HFC or Clubhouse Activities Desks. All are welcomed to the park. Stop by for a visit and enjoy the recent improvements.



Sassy Lassies

By JoAnn Malcolm

Sassy Lassies enjoyed a wonderful luncheon at Little New Orleans Restaurant in Winter Haven. The entrees included Étouffée, Jambalaya, Po' Boys, and various salads. The event was hosted by Connie Strassberg, who provided everyone with Mardi Gras masks and beads for the occasion. The food was excellent and everyone had fun displaying their colorful masks.

Pebble Beach Dog Park

By Rhonnie Thrower

The new sitting area at the dog park is done and looks awesome! The park is still a work in progress. Steve, David, and Larry did a great job placing sod around the new pavers and on the slopes surrounding them. A special thanks to Cherie, Steve, Larry and David for donating their time for the projects going on at the park. Thank you to all the

members who made donations to the Pebble Beach Dog Park. You are the ones that make these improvements possible and pay for the much



needed dog waste bags. Please be patient as the work continues in the park — very sorry for any inconvenience. The goal is to accommodate and welcome all residents to the Pebble Beach Dog Park. Checks for donations can be made payable to Lake Ashton Pebble Beach Dog Park and dropped off at the Clubhouse or HFC Activities Desks. Donations can also be given to Rhonnie Thrower or Diana Lanning. As President, Rhonnie would personally like to thank all those who've been coming to the park for a long time and the new ones. You have been so supportive through the years. Together, this was made possible. It has come a very long way. Pebble Beach Dog Park is "Where the Happy Dogs Play."



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Garden Club Needs a Facilitator!

Staff is looking for a facilitator to lead a newly forming Garden Club. Are you a Master Gardener, or a gardening guru who would like to lead this group of green thumbs? Please contact Christine at cwells@lakeashtoncdd.com to discuss the potential of starting a Garden Club at Lake Ashton.

.....

Outdoor Games Players Wanted

If you are interested in joining others to play horseshoes or corn hole at the Clubhouse Pavilion area, please contact Christine at cwells@lakeashtoncdd.com. There are players looking for other interested residents to have a monthly social gathering that will meet for a friendly game and maybe some barbecuing fun.

.....

Swim Enthusiasts Survey

By Sandy White

Lake Ashton has a number of dedicated lap swimmers and others who enjoy the pools, but to date there has not been a recognized group. Some folks have thought it might be fun to have a club. We wondered how many lap swimmers or senior games swimmers there are, and how many swimmers would be interested in joining a "swimming enthusiasts club." The club would be open to all residents of Lake Ashton who have an affinity for swimming, including but not limited to lap swimmers, those interested in aiming for senior games, and those just looking for regular group swimming workouts. If you are interested in being a member of this club or helping to organize it, please let (Mr.) Sandy White know at sandyw1994@aol.com. Note: Sandy is a swim coach, instructor, and a former Senior Olympic swimmer, and official.

.....

Calling all LA Musicians

By Carol Corley

Are there any folk or folk-rock musicians and/or singers at LA who would like to get together for jams? All skill levels, any instrument. If so, email

WE NEED
YOU



carolcorleyla@gmail.com.

Would like to get a group together one Tuesday or Wednesday evening a month at the HFC. At least one acoustic guitarist and one professional percussionist will be attending!

.....

Creative Writing Group

By Nancy Scali

If you enjoy writing short stories or would like to give it a try, please contact Nancy Scali at 561.512.2962. The idea is to meet once a month and read a two-page creative story that is not a biography. It can be based on life experiences and will not be critiqued. Monthly themes will be given. A planning meeting is set for October 2 at 4:15 pm HFC Card Room.

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Line Dance Review Class

Facilitator: Pam Interlante (pinterlante@hotmail.com)

Thursdays, 1 to 2:15 pm, through October 10 in the Clubhouse Ballroom

Concentrates on reviewing beginner and improver line dances. Participants must have basic knowledge of line dance terminology and previous beginner line dance experience.

Create A Card

Join this class on August 23 to create your own lovely greeting cards. A guest expert will provide instruction, from beginner to expert, all supplies and equipment, and three beautiful cards to take home for \$10. Classes will be held in the HFC Craft Room at 9 am, noon, and 3 pm. Sign-up sheets are

located at the HFC — sign up is required prior to class. Future classes will be posted at the HFC. Join in for some creative fun! Call Joy at **913.638.0792** or Karen at **863.875.8414** with questions or for further detail.

Eating the Mediterranean Way



Improve your health by eating the Mediterranean way! Join Andrea Nikolai of the UF/IFAS Extension in Polk County on August 7 and learning the basics of the Mediterranean diet, then enjoy a food presentation as Andrea cooks up a heart-healthy and tasty meal that you can sample! The class will be held in the Clubhouse Ballroom at 11:30 am. The cost is \$7 per person — sign up and pay by August 5 at the Clubhouse Activities Desk with Visa, MasterCard, or check payable to LACDD.

Inexpensive Ways to Eat Healthier

Host Kay Kasser will demonstrate how easy it is to eat healthy on a budget September 5 at 11:30 am in the Clubhouse Ballroom. There will be a cooking demonstration and a food tasting, as well as giveaways. There is no cost. Please sign up at the Clubhouse Activities Desk.

Alzheimer's Association Presentation — Healthy Living for Your Brain and Body

It's been known for centuries that the health of the brain and the body are connected. But now, science is able to provide insights into how lifestyle choices may help you keep your brain and body healthy. Join an informative presentation September 13 at 1 pm in the Clubhouse Ballroom to learn about research in diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. Sign up at the Clubhouse Activities Desk.

Check out the calendar inserts that include weekly and recurring free activities at both the Clubhouse and the HFC, or look under the **Activities** tab on ashtonliving.net for more information on classes and other offerings!

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CLUBHOUSE BALLROOM

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TICKETS ON SALE AUGUST 6 AT 9 AM AT THE CLUBHOUSE ACTIVITIES DESK WITH VISA, MASTERCARD, OR CHECK PAYABLE TO LACDD. SNACKS INCLUDED IN PRICE.