



# L.A. TIMES

Lake Ashton Community Newsletter  
September 2018

*Simply the Best!*



*"To a young heart everything is fun."* - Charles Dickens

Lake Ashton Community Development District  
4141 Ashton Club Drive, Lake Wales, FL 33859  
Lake Ashton is a 55 & Older Deed Restricted Community

863.324.6032  
863.324.5457  
[www.ashtonliving.net](http://www.ashtonliving.net)





## ON THE COVER

The Clubhouse now has two sets of cornhole boards, handcrafted by the Lake Ashton Woodworkers, for residents to enjoy. Stop by the Activities Desk Monday through Friday, 9 a.m. – 5 p.m. to sign out the new boards. The corn hole boards can only be used inside or outside of the Clubhouse, and must be returned to storage prior to the Clubhouse closing time. If anyone is interested in starting a corn hole league please see Christine at the Clubhouse. Staff hopes you enjoy this new edition to the activities available at Lake Ashton.

**PICTURED: JIM SULLIVAN, FRED POWELL (ALSO ABOVE), ROSEMARY STONER, AND SHEILBA POWELL**



**SHEILA MORELAND**  
**CLUBHOUSE OFFICE MANAGER**

Sheila Moreland started as the new Clubhouse Office Manager in July. She was born in Essex, England, and moved to Germany at age 21. There she met her now ex-husband while working as a nanny on an Army base. She traveled all over Europe while living there for three years before moving to Oklahoma for 22 years, then Florida for the past 8. She worked for the police and sheriffs departments in Oklahoma, where she enjoyed having a close-knit work family, even if the environment was stressful at times. She enjoys the laid back, joyful atmosphere at Lake Ashton and thinks residents and staff have been so welcoming. She has 2 daughters (Lydia, 29, and Kerry, 27), and 2 grandsons (Aiden, 9, and Julian, 3). She enjoys working out at the local YMCA, taking Body Pump and spin classes four days a week.

## PEAK STORM SEASON

Residents should be prepared for stormy weather through November 1 when hurricane season ends. A detailed list of storm tips can be found on [ashtonliving.net](http://ashtonliving.net) and at the Clubhouse Activities Desk.

Pay attention to the lightning detection devices throughout the community and seek shelter when the sirens sound.

Left & right photos by Dennis Krupinski

## ALLIGATOR ALERT

Hatching occurs through early September. Be cautious when having fun in and around the water. It is illegal to feed or harass alligators.



If you encounter an alligator outside its natural habitat, call the Nuisance Alligator Hotline: 1-866-FWC-GATOR (392-4286).

## FIRECRACKER CANDIDATE JAMBOREE JAM-PACKED

The Republican Club hosted a Candidate Jamboree and BBQ on July 25 at the HFC. Attendees could meet Republican and non-partisan candidates for elected office in 2018. Pictured right is candidate Kelli Stargel.



## REPUBLICAN CLUB SEPTEMBER NEWS

The primaries are over and it's time to look forward to November elections. Wayne Liebnitsky, Republican candidate for the 9th Congressional District, will be the guest speaker. Other candidates will also be present. The amendments which will appear on the November ballot will be discussed. These are very important as they become law if passed. Refreshments will be served. For more information call Betty Davenport 863.969.4422.

*Above photos by Norm Stern*

## CLUBHOUSE WELLNESS NEWS

New strength equipment has been delivered to the Clubhouse Fitness Center! The next orientation will be October 17 at 6 p.m.



## HFC WELLNESS NEWS

By Mary Bosman, LAICDD  
Community Director

HFC staff has a scheduled Circuit Training for Lake Ashton residents the first and third Mondays of each month at 3 p.m. Personalized fitness plans and fitness goals are explained and planned for attendees. Please call ahead and get on a list for the next training, as a three-person maximum in a class provides optimum

training opportunities and personalized programming information.

Prior to attending the Circuit Training, stop in at 11 a.m. on the second Friday of each month for Fitness Equipment Orientation. This class will help prepare you for the Circuit Training if you wish to go ahead with a personalized plan. There is no fee, and they are taught by Certified Fitness Instructors. To contract a Personal Trainer or Certified Massage Therapists, call the HFC at 863.595.1562.



The Lake Ashton Community Development District Board of Supervisors met August 10 to adopt the budget for the 2019 fiscal year that begins on October 1, 2018. The Board determined that the operations and maintenance assessments will remain steady at \$1,714.41 per unit. A digital copy of the adopted budget for 2019 is available for viewing in the CDD section of [ashtonliving.net](http://ashtonliving.net).

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During the meeting, Supervisors also reviewed staff reports and other CDD matters. The Board approved a new scoring system and monitors for the Clubhouse Bowling Lanes that will be installed soon. In September, residents will see workers at the Clubhouse resurfacing both parking lots, as well as some minor road work on Dunmore Drive near the intersection on Ashton Club Drive and on Litchfield Loop. Please be mindful of construction zones and extra equipment on the roads during this time. A media release will go out when specific days are identified.

The upcoming CDD Meeting schedule was also adopted and the day of the week has changed. Board of Supervisor meetings will be held on the third Monday of each month from October 2018 - September 2019. There are two exceptions: the meeting in January 2019 will be held on the second Monday (January 14) and the meeting in February 2019 will be held on the second Monday (February 11). At the Joint Board of Supervisors meeting a joint resident feedback survey was approved. Be on the lookout for an electronic version of this survey to come out in October.

As seasonal and new residents are welcomed to the community, there is higher demand than ever for tickets and reservations for activities. Please get in the habit of bringing a Lake

Ashton identification when coming to the Clubhouse to purchase tickets or when using any of the amenities at Lake Ashton. This identification will help for staff to offer efficient service to residents and registered guests. Be sure to look at the insert outlining the 2019 Entertainment Series in this edition of the newsletter. An insert outlining the 2019 Featured Shows will be in the October edition of the LA Times. It is going to be a great 2019 entertainment season!

## NEWSLETTER STAFF

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**October Issue Deadline: September 12**

## Guidelines for Submission:

- Email articles to: [valerie@lakeashtoncdd.com](mailto:valerie@lakeashtoncdd.com)
- 150 word limit – articles will be edited for length and clarity
- Include your club contact and phone number
- The writing style is third person – avoid using I, me, my, we, our, or personal pronouns
- Articles must be approved by club/group/organization leader prior to publication

## Photo Specifications:

- All photos must be high-res digital images in “jpeg” format and submitted via email or CD/flash drive
- Space will generally allow only one photo per article
- The designer and printer will make the final determination as to the print quality of photographs for publication

## WITH THANKS

The family of Cass Caudill express their thanks for the calls, cards, food, and prayers during her sickness and passing.

- *Trudy Molino (sister), Chuck Dawkins (brother), and families.*

## PLEASE NOTE

There is a classifieds section online at [ashtonliving.net](http://ashtonliving.net) where residents can post items for sale, real estate notices, services offered, and transportation information. All pictures must be posted by Clubhouse staff; email pictures for classifieds items to [valerie@lakeashtoncdd.com](mailto:valerie@lakeashtoncdd.com).



## COMMUNITY NEWS

### Lake Ashton II (Winter Haven) CDD News

By Mary Bosman, LAIICDD  
Community Director

The Lake Ashton II CDD met and considered various projects. Ashton Boulevard has been sealed and the new Pickleball Court surfaces are completed. The remaining outdoor furniture has been sandblasted and repainted, completing that project. The HFC shower rooms and hallway to the pool have been retiled to provide a safer surface even when wet from showers and swimming. The replacement trees for the Boulevard are being priced out, so they can substitute for the diseased palms when they are removed.

Welcome Louise Crespino to the HFC Activities staff. She's a full-timer, working Mondays through Fridays with some occasional weekends. She comes to the Lake Ashton community from Georgia and lives on Oakmont Drive. She brings with her a vast amount of experience and expertise in several areas. You may see her often walking the household's two dogs Mylee and Annie in her leisure time. Please stop in and welcome Louise to the staff! The joint project of re-writing the Amenities Policies is in the final stages of approval to the Boards. The Resident Feedback Survey has been approved.

### HFC Activities News

By Karen Van Kirk, HFC Activities Office Manager

HFC will have freshly popped popcorn in the lobby area weekly on Wednesdays from 10 a.m. to 12:00 p.m. Come in and enjoy the amazing taste of popcorn! No carry-outs, please.

Ready for a cookout? New gas grills are available for use at the HFC. The rental fee is \$10 and it's used for gas replacement. Please come into the HFC Activities Desk between 8 a.m. and 4 p.m., Monday through Friday, to sign out and get the key.

### LA (LW) HOA Corner

By Bob Sosinski

The Lake Ashton Board of Directors (BOD) has reorganized the Architectural Review Committee (ARC) to better serve the community while they, the ARC, enforce the Covenants, Conditions and Restrictions for Lake Ashton Golf Club (CC&Rs) and the Architectural Guidelines. The ARC is also reviewing and revising the Guidelines to include items not previously addressed and to make them more specific and easier to understand.

The BOD is also revising the CC&Rs and plans to present the revised CC&Rs to the membership at the Annual Meeting. Sections pertaining to the Developer will be eliminated, and the language simplified to make the CC&Rs more readable to non-lawyers.

Four seats on the BOD will be up for election in February 2019. The BOD welcomes anyone who is interested in serving on the BOD to attend meetings and to express their interest by contacting a Board member.

### LA Welcome Committee

By Cynthia Halde

A new Welcome Committee is being formed to greet our newest residents to Lake Ashton. This committee does not take the place of the New Resident Orientations or Socials, but hopefully will enhance an extended welcome by offering such things as area maps, community information and restaurant discounts. A member of the Welcome Committee will meet those new residents who so choose at their home or place of convenience in the community.

For more information or to schedule a visit, contact Cynthia Halde at 231.343.1847 or at [haldehaven@gmail.com](mailto:haldehaven@gmail.com). The new Welcome Committee members are excited to begin this new greeting experience to make your move to this beautiful place of Lake Ashton more helpful and friendly.

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## Neighborhood Watch

By Fay Wood, NW Chief



### Ready or Not ... It's School Time! (courtesy of law enforcement)

Everywhere students of all ages will be walking to and waiting at bus stops, walking to school or traveling our roads in private transportation. Drivers are urged to pay extra attention during their travels and exercise caution. Be aware of school zones and reduce your speed accordingly, obey school crossing guards, stop for school buses as they loading and unload students, slow down near school bus stops and leave a little earlier so you are not rushing. The Florida Statute requires drivers traveling in both directions to stop unless traveling in the opposite direction and the roadway is divided by a barrier such as a raised median or guard rail. The fine for passing a stopped school bus is \$269.00. Additionally, traffic fines for speeding in a school zone range from \$154.00 to \$604.00 and may even result in a mandatory court appearance.

## Citizens Assisted Patrol (CAP)

By Stan Baron



September and the children are back in school, the school buses are out in full force, as well as parents driving to get them there on time. It's still rainy season with late afternoon thunderstorms. Please be extra alert when on the road especially around schools, and slow down. Lets keep our children safe.

CAP and Neighborhood Watch are the eyes and ears of Lake Ashton. They are not law enforcement but observe and report only. They do not carry a gun or taser; they use a cell phone if they see something suspicious or help is needed. CAP is made up of men and women volunteers who reside in Lake Ashton, year round or seasonally. Last year CAP had over 3,500 patrol hours. If you can find the time and would like to join, your help is always needed! For more information, contact Mike Weissberg (863.324.3541) or Stan Baron (863.229.5269). Applications are available at the HFC and Clubhouse Activities Desks or in the patrol cars.

## Polk County Library Cooperative Bookmobile

By Christine Wells, LACDD Community Director

The Polk County Library Cooperative Bookmobile is parked at the Clubhouse west parking lot every second and fourth Wednesday of each month from 9:30 a.m. to 4:30 p.m. (closed for lunch from 12:30 to 1:15).

## Shredding Event at Lake Ashton

By Christine Wells, LACDD Community Director

Henderson Sachs, PA is sponsoring a mobile shredding service at Lake Ashton on Monday, September 10 at noon. Please bring any papers to be shredded, in a bag, to the Clubhouse lobby on this day and time only. This area will be monitored but is unattended. Please remove all clips and rubber bands before dropping off (staples are ok to keep).

## GOOD TO KNOW...

### CLUBHOUSE ACTIVITIES DESK & CLUB OFFICE HOURS:

Monday – Friday: 9 a.m. to 5 p.m.  
Saturday: 9 a.m. to 1 p.m.

### HEALTH & FITNESS CENTER (HFC) ACTIVITIES DESK AND OFFICE HOURS:

Monday – Friday 8 a.m. to 4 p.m.

**The Clubhouse and HFC Offices will be closed Monday, September 3 for Labor Day. There will be no Monday coffee.**

Anyone using Lake Ashton amenities should have a valid Lake Ashton Resident Photo Identification card or facilities Guest Pass. Residents must bring at least one adult guest to the Clubhouse Activities Desk to register, and renters must have a copy of their rental agreement.

### RESIDENT ID CARDS PRINTED AT CLUBHOUSE ACTIVITIES DESK:

Tuesdays: 9:30 – 11:30 a.m., & 3 – 5 p.m.  
Wednesdays: 3 – 5 p.m.  
Thursdays: 3 – 5 p.m.

New residents to Lake Ashton are invited to visit the Clubhouse or HFC Activities Desks to sign up for the next New Resident Orientation and New Resident Social. You can also get an informal introduction to Lake Ashton and lots of helpful information to make your transition an easier one!

### NEW RESIDENT SOCIAL AT THE HFC:

Friday, September 21 at 3 p.m.

### NEW RESIDENT ORIENTATION AT THE CLUBHOUSE:

Wednesday, October 17 at 3 p.m.

*Please see the Employee Directory on page 28 for more contact information.*



# MOVIE SHOWINGS

MOVIE SCHEDULE FOR THE CLUBHOUSE CINEMA. TUESDAY SCREENINGS ARE ALL CLOSED CAPTIONED.

**Sunday, September 2 - Thursday, September 6 at 7 p.m.**

**KEEP THE CHANGE (2018) NR 94 minutes**

*Offbeat romantic comedy.* David is wealthy, charismatic and autistic. When an inappropriate comment lands him in a court-mandated support group, he meets quirky young Sarah – and love begins to blossom.

**Tuesday, September 4 - Thursday, September 6 at 11 a.m. and 3 p.m.**

**Sunday, September 9 - Thursday, September 13 at 7 p.m.**

**GAME NIGHT (2018) R 119 minutes**

*Action comedy with language, sexual references, and some violence.* Jason Bateman and Rachel McAdams star as Max and Annie, whose weekly couples game night gets kicked up a notch when Max's charismatic brother, Brooks (Kyle Chandler), arranges a murder mystery party, complete with fake thugs and faux federal agents. So when Brooks gets kidnapped, it's all part of the game – right?

**Tuesday, September 11 - Thursday, September 13 at 11 a.m. & 3 p.m.**

**Sunday, September 16 - Thursday, September 20 at 7 p.m.**

**BOOK CLUB (2018) PG-13 104 minutes**

*Comedic drama/romance with sex-related material throughout and language.* Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen play lifelong friends whose lives are turned upside down to hilarious ends when their book club tackles the infamous Fifty Shades of Grey.

**Tuesday, September 18 - Thursday, September 20 at 11 a.m. & 3 p.m.**

**Sunday, September 23 - Thursday, September 27 at 7 p.m.**

**\*\*7 pm movie cancelled Wednesday, September 26\*\***

**BATTLE OF THE SEXES (2017) PG-13 127 minutes**

*Biography/drama with some sexual content and partial nudity.* In the wake of the sexual revolution and the rise of the women's movement, the 1973 tennis match between women's World #1 Billie Jean King (Emma Stone) and ex-men's-champ and serial hustler Bobby Riggs (Steve Carell) became one of the most watched televised sports events of all time.

**Tuesday, September 25 - Thursday, September 28 at 11 a.m. & 3 p.m.**

**Sunday, September 30 – Thursday, October 4 at 7 p.m.**

**GIFTED (2017) PG-13 101 minutes**

*Drama with thematic elements, language and some suggestive material.* Frank Adler (Chris Evans) is a single man raising a child prodigy, his spirited young niece Mary (Mckenna Grace). Frank's plans for a normal school life for Mary are foiled when the seven-year-old's mathematical abilities come to the attention of Frank's formidable mother Evelyn (Lindsay Duncan) whose plans for her granddaughter threaten to separate Frank and Mary.

CLASSIC AND SPECIAL INTEREST FILMS FRIDAYS AT 1 P.M.

**September 7 – TOOTSIE**

**(2001) PG 119 minutes**

Michael Dorsey (Dustin Hoffman) is a talented actor, but his demanding nature and stubborn temperament have antagonized every producer in New York – no one will hire him. But Michael needs money, and to earn it, he's willing to play the role of a lifetime. Director Sydney Pollack's heart-filled classic heralded a new era of Hollywood wig-flipping and set a new standard for unpredictable laugh-out-loud comedy.

**September 14 – TRUE GRIT**

**(1969) G 128 minutes**

Teenage tomboy Mattie Ross enlists the help of crusty lawman Rooster Coburn (John Wayne) to track down the hired hand who murdered her father. Joining them is Texas Ranger La Boeuf, who's after the killer for a different crime.

**September 21 – BELL BOOK AND CANDLE**

**(1958) PG 106 minutes**

Kim Novak plays Gillian Holroyd, a genuine, bonafide witch. Falling in love with publisher Sheperd Henderson (James Stewart), Gillian casts a spell on him, obliging him to dump his fiancée and rush to her side. All of this goes against the grain of Gillian's mentor Mrs. De Pass (Hermione Gingold), who does her best to counteract the love spell. Meanwhile, Gillian's warlock brother Nicky (Jack Lemmon) courts disaster by coauthoring a book on black magic with pompous novelist Sidney Redlitch (Ernie Kovacs).

**September 28 – WALK THE LINE**

**(2005) PG-13 94 minutes**

American music legend Johnny Cash sets out on life's journey battered by his brother's accidental death and an abusive father, who blames him for the incident. The few comforts of his unhappy youth had come from the radio programs of June Carter, the luminous daughter of country music's first family. When their paths cross, it's her devotion and support that becomes his salvation.



## KEEP INFORMED - ATTEND MONDAY COFFEE!

Everyone is welcome to attend Monday Coffee at 9 a.m. in the Clubhouse Ballroom for updates on activities, clubs and groups, facility maintenance, and other community news. Coffee and refreshments are available for \$1.

### September 3

Labor Day— No Monday Coffee

### September 10

- Birthday & Anniversary Celebrations
- Health Care Advocates
- Blood Pressure & Glucose Screenings with Heart of Florida
- Bite Me Monday
- Henderson Sachs
- Lake Wales Arts Council

### September 17

- Lake Wales Care Center
- Edward Jones – Matt Simpson
- Peanut Butter Monday

### September 24

- City of Winter Haven Updates
- Florida Blue
- Blast from the Past
- Flu shots facilitated by Walgreens

## Board of Supervisors Meetings

LACDD Meeting  
Friday, September 14 at 9 a.m.  
Clubhouse Ballroom

For Fiscal Year 2019 beginning October 1, 2018, the Board of Supervisors of the Lake Ashton Community Development District will hold their regularly scheduled public meetings at 10:30 AM on the third Monday of each month in the Clubhouse Ballroom.

## 2019 Live Entertainment Series Volunteer Opportunities

Entertainment series shows are scheduled for January 9, February 15, March 8, March 15 and April 5 in the Clubhouse Ballroom. This year's headliner will be Tony Orlando! (see insert in this issue for more information). Want to be an integral part of the 2018 Entertainment Series? All residents of Lake Ashton have the opportunity to apply for volunteer positions for the exciting 2019 season. All volunteers must be available for all five shows

### Entertainment Ushers and Spotlight Operator

- Must be able to arrive 60 minutes prior to doors opening (spotlight operator 30 minutes prior)
- Must be able to stand for up to two (2) hours at a time (ushers only)
- Spotlight operator needs prior experience or willingness to be trained

5 p.m. show volunteers will be responsible for numbering of rows/chairs, and general straightening and clean up after the show. 8 p.m. show volunteers will be responsible for general straightening and clean up after the 5 p.m. show, and general clean up after the show.

### Clean Up Crew - 8 p.m. Show Only

- General clean up, including lifting and stacking Ballroom chairs
- Must be able to lift up to 15 pounds (Ballroom chairs and/or trash bags)

### Master of Ceremonies

The primary duty of a Master of Ceremonies is to introduce the various entertainers for the evening in such a way that it is made easier for the entertainer to do his/her best, by putting the audience at ease.

- Have the ability to represent Lake Ashton in a professional manner
- Excellent customer service skills
- Successful track record of public speaking skills
- Be available for both the 5pm and 8pm shows

Applications are available at the Clubhouse Activities Desk, and must be returned by 10 a.m. on Friday, October 12. One application per volunteer is required.



## HEALTH INSURANCE FOR SENIORS

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- MEDICARE SUPPLEMENTS

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- NO COST REVIEW OF CURRENT COVERAGE
- NO COST "MEDICARE 101"
- TURNING 65? SCHEDULE A MEETING



**Christine Graves**  
Lake Ashton Resident  
(863) 514-5368

## EVENTS

### Sneak Peek Showcase

By Terisa Clayton, Clubhouse Activities Assistant

Enjoy a sampling of three world-class productions ... The British Invasion, the Beach Buoys, and Heroes of

Rock and Roll, presented by Music Entertainment Pros Friday, September 7 at 5 p.m. in the Clubhouse Ballroom. Tickets are on sale at the Clubhouse Activities Desk. Tickets can be purchased with Visa, MasterCard, or check payable to LACDD.

### Jewish High Holiday Services

By David Harrison

The Lake Ashton community is invited to attend the Jewish High Holiday Services. Rosh Hashanah (Jewish New year) will be Sunday, September 9 at 7 p.m. in the HFC Community Center. Yom Kippur (Day of Atonement) will be Tuesday, September 18 at 7 p.m. in the HFC Community Center. Yizkor (Memorial Service) will be Wednesday, September 19 at 2 p.m. in the HFC Community Center. All residents are encouraged to attend and find out why the New Year is celebrated in September. For more information, call David Harrison at 863.326.6418.

### Christmas Dinner Dance

By Jackie Ellis

Sending over a reminder to mark your calendar if you haven't already, for the beautiful Christmas Dinner Dance coming up in the Clubhouse Friday, December 7. There will be more info to follow in the October issue including date for ticket sales. Looking forward to a full house with lots of fun! See you soon!

### Lake Ashton Day Trips

By Christine Wells, LACDD Community Director

Day trips and group travel are designed to experience the best of Florida. All trips include reserved round trip transportation in deluxe motorcoaches from the Clubhouse. Please note that bus trips are available to residents of Lake Ashton only. Residents can sign non-resident guest(s) up on a wait list that will be drawn from just before the deadline for each trip if the trip does not sell out. Resident(s) can sign up for the trip and put their guest(s) on the wait list, or choose to be placed on the wait list with their guest. The wait list will be first come, first served. Sign up for any of the below at the Clubhouse Activities Desk with a check payable to Small World Tours.

- November 13 – Yacht Starship Luncheon Cruise
- December 4 – Christmas Memories Henry B. Plant Victorian Stroll

### Looking for a new MEDICARE option during the Annual Election Period?



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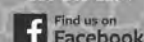
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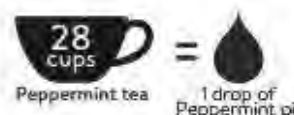
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- Open airways
  - Boost mood
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### TOPICAL

- Apply to bottoms of feet or affected areas to target specific needs.



### INTERNAL

- Drop in water, under tongue, or into a veggie capsule and swallow.



### PEPPERMINT

- Cool the body
- Stay alert and relieve head tension
- Promote feelings of clear breathing
- Relieve stomach upset when ingested\*



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- Apply pre/post workout
- Use for calm and comforting massage
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## GOLF

### Lake Ashton Men's Golf Association (LAMGA)

By Gary Pagel

Hello? Art's Cars? Do you carry other vehicles besides golf carts? Perhaps a swamp buggy or maybe an airboat with a bag rack and a waterproof top? It's common knowledge that Florida gets rain but enough is enough ... before everyone starts growing gills! On to the good news. Soon the 'snowbirds' will be coming back and renewing old acquaintances to the Wednesday group. If you would like to become a

member of the Men's Golf Association just stop by the Pro Shop and pick up an application by the LAMGA bulletin board and completing the form, then turn it in to the desk. And by the way ... anybody know where Bubba got his hovercar golf cart?

### Who are the LA Niners?

By Janet Wagner

The LA Niners are a group of inclusion. All women having Lake Ashton Golf Club Memberships are welcome to join. We welcome every level off golf experience. No matter skill level, you will have fun playing with new friends as your golf game improves (or not)! Each Tuesday the group plays different games, scramble, low gross, low net, step aside, etc. Once a season the Niners play with the Blue Man Group. Each January there is a golf tournament with the LAGLA (18-hole women's golf league) to raise donations for breast cancer research. There are tournaments within the group, some of them two days long. Towards the end of each month there is a "Lunch with Friends" and everyone enjoys a great lunch with the group after golf in the Eagle's Nest.



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If you are new to Lake Ashton, or new to golfing, join the Niners where you can work on your golf game while meeting a group of fun women. For more information call Jan Wagner at 863.268.4431.

### Lake Ashton Ladies Golf Association (LALGA)

By Linda Zacharia

It's not enough to go out and just hit that elusive little white ball on the golf course. You also need to know the rules. Last month, the newly USGA sanctioned rules going into effect in January 2019, were briefly mentioned along with a link to the rules website. For instance: (1) You may always substitute a ball when taking relief; (2) No penalty if your played ball from the putting green (or anywhere else) hits the unattended flagstick in the hole; (3) It is recommended that you play "ready golf" and make each stroke in no more than 40 seconds; (4) You will drop your ball from knee height into the relief area. LALGA is committed to assisting players in learning the new rules. Prepare yourself by going to the USGA website (USGA.org).

With September comes fall, and with fall comes the return of many Lake Ashton residents. Safe travels home. LALGA looks forward to your return!



## GAMES

### Monday Duplicate Bridge

**July 2**

Marion & Roger Nelson,  
Sonny Robinson & Pat Foster,  
Bob Wendin & Nelda

Sedlacek, Mike Holden & Jim Ford

**July 9**

Margot & Keith Stevens, Sil Wells & Dana Griffiths, Geri  
Duffy & Judy Marine, Nancy Martins & Mary Lois Teyssier

**July 16**

North/South: Judy Robertson & Sue Agre, Pat Foster &  
Sonny Robinson, Connie & Ken Ross  
East/West: Nelda Sedlacek & Bob Wendin, Judy Marine &  
Geri Duffy, Cindy Holden & Linda Ford

**July 23**

North/South: Mary Lois Teyssier & Nancy Martins, Jim Ford  
& Mike Holden, Roger & Marion Nelson

East/West: Bob Wendin & Nelda Sedlacek, Linda Ford &  
Cindy Holden, Pat & Jim Marks

**July 30**

Nelda Sedlacek & Bob Wendin, Pat Foster & Sonny  
Robinson, Marion & Roger Nelson

### Euchre Winners

**July 28:** Jim Hoyt, Orlando Martins, Tom Murphy

**August 11:** Frank Duffy, Pam Totten, Don Cook

### Gentlemen & Ladies Tuesday Bridge

**July 17:** Ken Ross, Judy Marine, Linda Boast, George  
Rogers

**July 24:** Linda Boast, Mary Ann Goodhand, George Rogers,  
Ken Ross

**July 31:** Connie Ross, John O'Reilly, Linda Boast, Carl Boast

**August 7:** Pat Mark, Ken Ross, Connie Ross

**August 10:** George Rogers, Geri Duffy, Carl Boast, Ken Ross

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## DINNERS

### Community Potluck

By Louise Crespin

It's all about the "S" for September's Community Potluck Dinner, so bring your soups, salads or sandwiches, or your favorite "S" dish on Sunday, September 9, at 5 p.m. Cost is \$2 per person plus a covered dish.

Special Treat Alert! Tea drinkers: is that one lump of sugar or two? Bring your special 'tea cup' and we'll fill it with one of a dozen or more tea varieties. Lemon slices optional. Not a tea drinker? No problem; there will be something special for you too.

August's ice cream sundae bar was a hit, thanks to all who came, and those that pitched in for the clean-up. And a special thank you to newly named co-facilitator Diane Klikas! Louise can be contacted at 863.332.9222 or [louise.crespin@yahoo.com](mailto:louise.crespin@yahoo.com), or Diane can be reached at 863.280.6254 or [dianeklikas@gmail.com](mailto:dianeklikas@gmail.com).

If you would like to volunteer to assist during the Community Potluck dinner, please let Louise or Diane know. An extra pair of helping hands can always be used. Thanks in advance!

### Eastside Winers and Diners

By Don Cook

The next social/dinner will be held Thursday, September 20 at 5:30 p.m. at Ruby Tuesday's on Cypress Gardens Boulevard. Order from the menu. Your reservation ticket is also your individual raffle ticket and can be purchased at the Clubhouse Activities Desk for \$2/person until September 18. Call Don Cook, host, at 863.528.3738 with questions.

### Pet Co-op

By Don Cook

The Pet Co-op Social/Dinner/Raffle will take place Wednesday, September 12. Meet for dinner at NiNi's at Lake Ashton at 5:30 p.m. Order from the menu. Program to follow in the Ballroom, presented by Cal and Barbara Posner. Purchase your reservation ticket at the Clubhouse Activities Desk for \$2, which grants you a raffle entry. Call Don Cook at 863.528.3738 with any questions.

### Turnberry Lane Potluck

By Mary Allen

The Turnberry Lane Potluck will be held September 4 at 5 p.m. at the Pavilion. Please bring your own beverage (adult or otherwise), plates and utensils, your own entrée (grill available) and a dish to share with 8 to 10 people. All Turnberry Lane residents are welcome!

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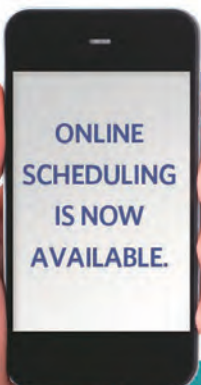


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## CLUBS

### LA Belles

By Rose Crognale

The LA Belles September luncheon will be held on September 26 at noon at Sweet Magnolias Tea Bistro (212 Howard St., Auburndale) hosted by Rose Crognale. Attendance will be limited to 30 people. Everyone will make their own selections from the menu with individual billing. Sign up at the Clubhouse Activities Desk by September 24 with a deposit check of \$10 to secure your reservation. Please make undated checks payable to LA Belles. Your check will be returned to you when you have checked in at the luncheon. You can use your undated check to hold your reservation each month. In order to cancel your reservation, you will need to contact one of the hostesses no later than 48 hours prior to the event to ensure that your deposit is returned. Any cancellations after that time period will forfeit their deposit unless someone from the wait list fills the vacancy. Dues will be collected at the luncheon for those that have not yet paid.

### Blankets of Love at Lake Ashton (BOLLA)

By Pat Neaves

Summer is coming to an end. Many residents will begin returning from up north ready to enjoy another season at Lake Ashton. Blankets of Love looks forward to welcoming many of the ladies back to the Clubhouse Craft Room. For anyone returning, BOLLA can always use donated cotton, flannel, and fleece material, or a monetary, tax deductible, donation to help the group continue the goal of offering comfort to the children in crisis in Polk County. During the month of August, blankets were delivered to several schools, and Polk County Schools and Lake Wales Charter Schools Homeless liaisons.

Lake Ashton has become home to many new residents this past year. No sewing experience is necessary to become a BOLLA member. Anyone who can tie a knot is encouraged to join the fun and experience a great feeling of helping children. Check BOLLA out any Monday at 1 p.m.

### LA Democratic Club

By Lyn Rogers

The Lake Ashton Democratic Club will now hold its monthly meetings the third Thursday of the month in the Clubhouse Ballroom at 5 p.m. All are invited to attend but you must be a registered Democrat to join. Next meeting is September 20. All members and their guests are invited to join the Democratic Club for breakfast at NiNi's on Sunday, September 30 at 8:30 a.m. This monthly breakfast is held the last Sunday of every month. Order from the menu. Purchase your reservation tickets for \$2 at the Clubhouse

Activities Desk – this ticket is good for raffle tickets as well. Contact Don Cook with questions at 863.528.3738.

### Lake Ashton Veterans Association Auxiliary

By Pat Neaves and Chris Graves

Support the troops by joining us at the upcoming LAVA Auxiliary meeting to be held on Wednesday, September 19 at 6:30 p.m. in the Clubhouse Ballroom near the stage. Anyone who has a relative that is a veteran or currently serving in the military is welcome to join. The group will be discussing future projects to support veterans.

### Winged Foot Lane Pet Play Park

By Myrna Soberman

The Winged Foot Pet Play Park is located at 5140 Winged Foot Lane. Hours are also sunrise to sunset. A full list of rules and regulations can be found on the Pet Play Parks webpage under Resident Services on ashtonliving.net. Both the Winged Foot Lane Pet Play Park and the Pebble Beach Dog Park are **open to all dogs, big and small**, but they must be fully vaccinated. Please remember that you must always clean up after your dog! Donations are always welcomed for waste bags and other necessary improvements, and are always appreciated. Make checks payable to *Lake Ashton Pet Play Parks* and deliver to Clubhouse Activities Desk.



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Rosh Hashanah Monday, September 10th, 10 am

Tashlich at Lake Howard, 12:30 pm

Kol Nedrei-Tuesday, September 18th, 8 pm

Yom Kippur- Wednesday, September 19th, 10 am

Afternoon Service Wednesday, September 19th, 3 pm

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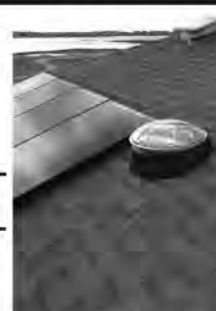
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## CLUBS

### Magic Years Club

By Rose Crognale

The Magic Years Club will meet on September 4 at 7 p.m. in the HFC Craft Room. The September

luncheon will be held on Tuesday, September 18 at noon at the Boathouse in Disney Springs (formerly known as Downtown Disney). A park ticket is NOT required to attend the luncheon and free parking is available in the parking garage. If interested in attending, please contact Dan and Joyce Turner at 863.268.4855 or email at drdan824@gmail.com.

There will be sign-ups at the September meeting for this luncheon as well. The Magic Years Club is open to all Lake Ashton residents who enjoy learning about and going to Disney for luncheons and special events. Many upcoming activities are being planned so be sure to sign up with Magic Years Club as one of your preferences in the Resident Directory on ashtonliving.net. Thank you to everyone who sponsored a luncheon/activity month for 2018. Looking forward to exciting and delicious new venues for 2019 and the club cannot do this without your help! Please consider signing up for a month next year. Contact Rose Crognale or Joan Enslin with questions or if you need any help.

### Sassy Lassies

By Jackie Perez



The LA Sassy Lassies enjoyed a delightful luncheon at Harborside, hosted by Rita Miller and Sharon Makela. There were no birthdays in August but everyone still celebrated by ordering scrumptious desserts. Until next month all enjoy the rest of summer and safe travels for those coming home in September.

### Lake Ashton Singles

By Hazel McCord

The Lake Ashton Singles Group will meet Sunday, September 2 at 3 p.m. in the Clubhouse Card Room to plan events and socialize. All Lake Ashton singles are welcome.

### Attention, Tap Dancers!

By Julie Bombard

Dust off those tap shoes and come join the fun! Beginning Friday, September 14 from 10 to 11 a.m., Tap Jammers will meet at the HFC Sport Court. All levels of tappers are invited. Each Friday the Tap Jammers will review steps, combinations, and routines.

Although these meetings are not designed to be "instructional," all attendees will develop their tap skills. For more information, please contact Julie Bombard at jbombard73@gmail.com.

### Widow/Widower Connection

By Mary Ellen Strange

If you are a widow or widower living in Lake Ashton, join the group for a fun night and meet new friends who have also experienced this life changing event. Gather for drinks and dinner at the Clubhouse on Tuesday, September 18. Cocktails will be served in the Card Room at 5 p.m., followed by dinner at NiNi's at 6. Email Mary Ellen Strange at strangemes@aol.com to be added to the group email notification. You will be reminded of dinner and RSVP details about 10 days prior to the dinner. Signing up for the email notifications does not obligate you to attend. Your RSVP, however, is important for planning. Hope to see you at the next WW Connection dinner!


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Facilitator: Nancy Ferreira

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Clubhouse Craft Room

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Facilitator: Stefanie Thompson Wardlow

Third Tuesday, 11 a.m. to noon

Clubhouse Craft Room

### Caregivers Support Group

Facilitator: Donna Ruggiero

Second Friday, 11 a.m. — Clubhouse Card Room

### Grief Support Group

Facilitator: Good Shepherd Hospice

First Thursday, 10:30 a.m.

HFC Card Room

### Parkinson's Support Group

Facilitator: Bob Harmon

First Friday, 10 a.m.

Clubhouse Ballroom

### Men's Bible Study

Leaders: Bob Ring (734.674.7196, [bobring42297@gmail.com](mailto:bobring42297@gmail.com))  
October – April)

Jim Brendemuehl (815.343.5727,  
[jcbrendem@gmail.com](mailto:jcbrendem@gmail.com)) May – September)

Tuesdays, 10 to 11:30 a.m. in the HFC Craft Room

Bring a friend and join in for great fellowship and stimulating discussion about the living Word of God. The course will be focusing on the book of James through the end of September and then in October will pick up where everyone left off in the Gospel of Luke this past spring.

Non-denominational. ALL are welcome!

### Intermediate Bridge Group Lessons

Instructor: Ken Broas, Certified American Contract Bridge League (ACBL) Instructor

Tuesday evenings from 6 to 8 p.m. beginning October 9

HFC Card Room

Textbook: ACBL Bridge Series Volume Two – *Play of the Hand in the 21st Century – The Diamond Series*

Purchase at [baronbarclay.com](http://baronbarclay.com) or call 800.274.2221

To reserve your space, contact Liz Leigh at 813.288.0809, or [leigh.elizabeth@gmail.com](mailto:leigh.elizabeth@gmail.com)

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## Beginner's Mah Jongg Lessons

Facilitator: Myrna Soberman

(call 863.969.3622 to reserve your space)

1st, 2nd & 4th Tuesdays, 7 to 9 p.m.

HFC Card Room

## Chair Yoga & Easy Qi Gong

Certified Instructor: Joanne Miknis

Fridays, 11:15 a.m. – HFC Community Center

Gentle movements reduce stress, build stamina, increase vitality & enhance the immune system – \$5

## Tai Chi

Tuesdays, 11:30 a.m. in the HFC Sports Court

Diagnosed Parkinson's and caregivers free, all others \$5

## Yoga Share

Coordinators: Diane Yeager & Sally Winfrey

Wednesdays, 8:45 to 9:45 a.m. in the Clubhouse Ballroom

Practice to alternating DVD programs, emphasizing stretching, postures, and relaxation. All skill levels welcome. Bring a mat. Free!

## Aqua Reloaded

Mondays, 11:45 a.m. & Wednesdays and Fridays, 10 a.m.,  
HFC Indoor Pool

## Free Square Dance Lessons

Instructor: Keith Stevens

2nd, 4th & 5th Thursdays at 7 p.m.

Clubhouse Ballroom

## Tap Jammers

Facilitator: Julie Bombard

Fridays beginning September 14, 10 to 11 a.m.

HFC Sport Court

All tap levels welcome – free class!

## LA Dance Classes: Salsa

Instructor: Connie Wilkinson, Certified DIVDA Dance Instructor

Mondays, September 3 – 24 from 4:30 to 5:30 p.m.

HFC Community Center

Free! No Partner Needed

## Classical Stretch

Mondays at 10:50 a.m. & Thursdays at 11 a.m.

HFC Community Center.

## Zumba Fitness Classes at the HFC

Join the staff to dance different Zumba DVDs

Tuesdays and Thursdays at 3 p.m. in the HFC Community Center. All are welcome! Bring a towel to the class.

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## EMPLOYEE DIRECTORY

**Lake Ashton employees are at your service. We want your experiences in the Clubhouse, Golf Course and HFC to be as pleasant and memorable as possible.**

Visit the official website for the Lake Ashton Community Development Districts and Lake Ashton Homeowners Associations, **ASHTONLIVING.NET**. View community information and news, CDD and HOA documents, the resident directory, classifieds section, sign up for electronic messages, and more. Contact the Club Office at 863.324.5457 if you need help logging in.

### **Lake Ashton Clubhouse**

4141 Ashton Club Drive  
Lake Wales, FL 33859  
Phone: 863.324.5457  
Fax: 863.324.5829  
Office Hours: 9 a.m. to 5 p.m.  
**LACDD Community Director:**  
Christine Wells  
cwells@lakeashtoncdd.com

### **Lake Ashton Health & Fitness Center (HFC)**

6052 Pebble Beach Boulevard  
Winter Haven, FL 33884  
Phone: 863.595.1562  
Fax: 863.595.1567  
Office Hours: 8 a.m. to 4 p.m.  
**LAHCDD Community Director:**  
Mary Bosman  
mbosman@lakeashton2cdd.com

Clubhouse Activities Desk - Terisa Clayton	863.324.6032	tclayton@lakeashtoncdd.com
LA Times, Channel 732, ashtonliving.net - Valerie McCutcheon	863.324.6032	valerie@lakeashtoncdd.com
Club Office - Sheila Moreland	863.324.5457	smoreland@lakeashtoncdd.com
HFC Activities Office - Karen Van Kirk	863.595.1562	kvankirk@lakeashton2cdd.com
NiNi's at Lake Ashton	863.324.5810	
HOA Office (LW)	863.325.0065	office@lakeashtonhoa.org
RV & Storage Center	863.326.1304	dholmes@lakeashtongolf.com
Golf Club - Paul Sisemore, Golf Pro	863.326.1032	psisemore@lakeashtongolf.com
Eagle's Nest	863.326.1085	vmoore@lakeashtongolf.com
Lake Ashton Sales Office	863.324.8664	
Lake Ashton Resales Office	863.318.9542	

### **Gate House & Security Officers**

Thompson Nursery Road (Lake Wales): 863.324.7290

CR 653 (Winter Haven): 863.318.0237

Lake Wales Police Department Non-Emergency: 863.678.4223

Winter Haven Police Department Non-Emergency: 863.291.5858

Polk County Sheriff's Office Non-Emergency: 863.298.6200 (to report identity theft or credit fraud)

Nuisance Alligator Hotline: 1.866.FWCGATOR (392.4286)



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