



L.A. TIMES

Lake Ashton Community Newsletter
June 2018

Simply the Best!



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Lake Ashton (LW) CDD News

By Christine Wells, LACDD Community Director

News	4	The LACDD Board of Supervisors met May 11 and approved the purchase of two new beer coolers for the Clubhouse Restaurant, and a three-year pricing agreement extension for propane gas at the Clubhouse. Supervisors also approved the Ballroom window replacement capital improvement project and work will begin soon. Please stay tuned to media announcing construction zones and potential closures of the Clubhouse Ballroom. After the meeting, a joint meeting with LAICDD was held to address matters that affect the community as a whole. One of the agenda items was the status of golf course negotiations. Both districts voted unanimously to enter into an agreement with National Golf Foundation, an independent professional consultant specializing in valuation analysis of golf courses, to help with the decision-making process. Information will be distributed to residents via electronic media as it is received, so please be sure all contact information on ashtonliving.net is up-to-date. Also discussed was the implementation of a common amenity policy among the districts including what the definition of a guest is. Supervisor Costello (LACDD) and Supervisor Williams (LAICDD) were chosen to work with both Community Directors to accomplish this goal. Both Community Directors were also tasked with generating a resident feedback survey that encompasses amenities and services provided at both facilities.
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Wellness	27	NiNi's at Lake Ashton will open June 1. A special menu and happy hour pricing from 4 to 6 p.m. will be available on opening night. The full menus are posted on ashtonliving.net and outside the restaurant and will be available June 2. Breakfast will be served 8 a.m. to 11 a.m., lunch will be 11 a.m. to 4 p.m. and dinner will be 4 to 8 p.m.
Lifelong Learning	28	
Employee Directory	30	Hurricane season also starts on June 1. Be sure to attend the Hurricane Preparedness program at Monday Coffee on June 4 at 9 a.m. in the Clubhouse Ballroom. The safety and security of residents is top priority for all supervisors and staff at Lake Ashton.

J U N E 2 0 1 8

Resident Art Exhibit Features Tom Scali

An initiative to enhance the beauty of the Clubhouse and feature Lake Ashton artists and photographers is underway with a rotating exhibit in the hallway near the Bowling Alley. A photography exhibit by Tom Scali will be on display until June 26.

With Thanks

A big thank you for all the cards, gifts, and phone calls honoring the passing of my beagle Boca on April 24. He definitely spent his whole life in paradise here at Lake Ashton. A special thanks to the groups; Pet Co-op, Pebble Beach Pet Play Park, Eastside Winers & Diners, Attaboy Golf Group, that sent kind words and wishes.
Sincerely, Don Cook

Dear Lake Ashton Friends and Neighbors,
I would like to give a huge thank you to all the wonderful friends and neighbors of LA. I had an accident on the tennis court that resulted in 5 fractures to my right arm at the shoulder. This was followed by surgery that repaired the fractures with a plate and 12 screws. Suddenly, people were at my door with meals, flowers and constant attention. Being a new resident, the outpouring of love and attention was more than I could ever have expected. My husband, Dave and I love LA and are so happy we chose it for our retirement home.
Love, Joy Rogers

NEWSLETTER STAFF**Christine Wells — Editor****cwells@lakeashtoncdd.com - 863.324.5457****Valerie McCutcheon — Advertising Sales,
Layout & Design****valerie@lakeashtoncdd.com - 863.324.6032****July Issue Deadline: June 13****Guidelines for Submission:**

- Email articles to: valerie@lakeashtoncdd.com
- 150 word limit — articles will be edited for length and clarity.
- Include your club contact and phone number
- The writing style is third person — avoid using I, me, my, we, our, or personal pronouns.
- Articles must be approved by club/group/organization leader prior to publication.

Photo Specifications:

- All photos must be digital images in "jpeg" format and submitted via email or on a CD.
- Photo files should be no smaller than 1600 x 1200 pixels.
- Space will generally allow only one photo per article.
- The designer and printer will make the final determination as to the print quality of photographs for publication.

Cover Photo By Dennis Krupinski

Lake Ashton II (WH) CDD News

By Mary Bosman, LAICDD Community Director

As the LACDD and LAICDD continue to work towards a united community, much effort is required to help residents feel the WE (West/East)-R-1 philosophy! The Joint Board meeting May 11 tasked both Community Directors to work with designated Board members to accomplish two specific tasks relating to this effort. The current amenities policies for both CDDs, which share many things in common already, will be reviewed, and the goal is to create one policy with the caveats specific to the West or East listed at the end. LAICDD Supervisor Stan Williams and LACDD Supervisor Mike Costello will work with both community directors on this. Second, the community directors will work to develop a combined Annual Community Feedback Survey to simplify and provide the very best in community service for residents.

The annual cleaning contract with Magic Genie was renewed at the LAICDD Board of Supervisors meeting on May 11. Supervision of the Securitas staff and Yellowstone staff was discussed and will be revisited. The dumpster at the HFC will be changed out for a bigger one (two extra cubic feet) with the monthly fee remaining the same. Residents are not allowed to bring any of their residential refuse to this dumpster at any time or for any reason. If you see someone doing so, please contact the HFC Activities Desk.

A new, easier to understand budget format is in process for fiscal year 2019, under the direction of Supervisor Carla Wright. The District Management contract sent out in April was awarded to Governmental Management Services LLC, under the direction of President Darrin Mossing and District Manager Jill Burns. The District legal services contract was awarded to the firm of Latham, Shuker, Eden & Beaudine, LLP. Looking forward to working with these fine individuals.

Attention New Residents

By Christine Wells and Mary Bosman, Lake Ashton Community Directors

New residents to Lake Ashton are invited to sign up at the Clubhouse Activities Desk for the next New Resident Orientation held June 13 in the Clubhouse Ballroom at 3 p.m. This is an opportunity to meet community leaders, other new residents and get information about the community and various clubs that are available to join. You can also stop by the Clubhouse Activities Desk Monday through Friday between 9 a.m. and 5 p.m. for an informal introduction to Lake Ashton, sign up for community-wide emails, and more. Also, be sure to sign up at the HFC for the next New Resident Social on July 20 at 2 p.m. This is an opportunity to meet other new residents and ask questions about Lake Ashton while

enjoying a glass of wine and appetizers. Feel free to stop by the HFC Activities Desk for a packet of helpful information to make your transition to Lake Ashton living an easier one!

Help Keep Lake Ashton Secure

By Christine Wells, LACDD Community Director

Anyone using Lake Ashton amenities should have a valid Lake Ashton Resident Photo Identification card or a facilities Guest Pass. This identification policy helps staff and security officers ensure that the amenities are safeguarded and being used as intended. If staff or security ask for identification, it is not to harass residents, but is intended to keep the neighborhood secure. Resident Photo Identification cards are the property of Lake Ashton Community Development District and should be surrendered if moving from the community. **ID cards** are printed at the Clubhouse Activities Desk Tuesdays between 9:30 and 11:30 a.m. and 3 to 5 p.m., Wednesdays from 3 to 5 p.m., and Thursdays from 3 to 5 p.m. **Guests** can be registered at the Clubhouse Activities Desk between 9 a.m. and 5 p.m. Monday through Friday, and 9 a.m. to 1 p.m. Saturday. Residents must bring at least one adult guest to register, and renters must have a copy of their rental agreement.

Seasonal Residents and Summer Travelers

By Christine Wells, LACDD Community Director

If you will be away for the summer, stop by the Clubhouse Activities Desk to put your LA Times delivery on hold, or sign up and pay for a seasonal subscription (\$3 monthly; \$4 monthly international). The newsletter is also published on ashtonliving.net. There is also a Summer Checklist at the Activities Desk to assist in making sure everything is taken care of before departure.

Room Reservation & Leadership Contact Updates

By Christine Wells, LACDD Community Director

Activity leaders, please notify the Clubhouse Activities Desk if you would like your Clubhouse room reservation extended or renewed through 2019. Please inform the Activities Desk if your group will be going on summer hiatus. Contact the Clubhouse Activities Desk at 863.324.6032.

Mosquito Bite Protection

By Christine Wells, LACDD Community Director

There is a handout from the Florida Department of Health available at the Clubhouse Activities Desk and online at ashtonliving.net with tips on how to avoid mosquito bites and the possible spread of mosquito-borne viruses.

Hurricane Season Begins & Lightning Safety

By Christine Wells, LACDD Community Director

Hurricane season begins June 1. All residents should prepare for severe weather. There is a handout at the Clubhouse Activities Desk and online at ashtonliving.net with information and helpful storm preparedness tips. Attend a storm preparedness presentation at Monday Coffee on June 4 at 9 a.m. for information on how to prepare for severe weather and how to stay safe during and after a storm. Historically the Florida Legislature approves of a tax holiday for hurricane preparation items such as generators, batteries, and flashlights. For 2018 the dates will be June 1 through June 7.

Lake Ashton is fortunate to have a lightning detection system that covers the entire community. The system is not just to let golfers know when they should get off the course, but also notifies all residents that they should go indoors when the potential for a lightning strike is in the area. When the system senses a lightning danger, a high-pitched siren sounds and strobe lights turn on and stay on until the danger passes. These strobe lights are at various locations including on top of the Clubhouse, the backside of the HFC and at the boat dock on Lake Ashton. When the danger of lightning has passed, a low-pitched horn will sound the all clear and the strobe lights will turn off. Be safe and remember that lightning strikes may occur far away from a visible storm. Get out of pools, do not stand under trees, and get indoors when the siren sounds. Please remember that golf carts are not safe from lightning.

Pool & Spa Friendly Reminders

By Christine Wells, LACDD Community Director

Please do not eat or drink while in the pools or spa, including sitting on the side of pool or spa. Florida health codes do not allow for any beverages (even bottled water) to be in the wet pool deck which is the four foot perimeter around the entire pool and spa. Please enjoy food and beverages (in non-breakable containers only — no glass) at the tables and/or chairs. Please shower before entering Lake Ashton pools or spas. Only those aged 13 years and older should enjoy the spas. Please put down pool umbrellas when leaving the pool area to avoid potential damage caused by wind. Those hosting family should remind them to be considerate of residents in this 55 and older community. Before entering the area, children should be reminded to walk on the pool deck as running is always prohibited. It is helpful (but not required) if residents accompany guests. Guests under 18 should always be accompanied by an adult.

Pet Policies

By Christine Wells, LACDD Community Director

Please remember that the Amenities Policy states that dogs and all other pets (with the exception of service dogs) are not permitted at Amenity Facilities. In the event a special event is held, as previously approved by the Amenity Manager, and dogs are permitted as part of the special event, they must be leashed. Please refrain from bringing any pet (with the exception of service dogs) with you when coming to the Clubhouse Amenities. Dogs must also be leashed at all times in the community, with the exception of while at the Pet Play Parks.

Wildlife Alert - Watch for Alligators

By Christine Wells, LACDD Community Director

Now that the weather has warmed up, cold-blooded reptiles such as alligators can be more active. Florida Fish and Wildlife Conservation Commission (FWC) reminds residents to be cautious when having fun in and around water. The FWC recommends keeping pets away from the water. Residents who have concerns with an alligator that poses a threat to humans, pets or property, call the FWC's Nuisance Alligator Hotline at 866.FWC.GATOR (392-4286). Alligators and crocodiles are an important part of Florida's heritage and play a valuable role in the ecosystems where they live. It is illegal to feed or harass alligators. Brochures on coexisting with alligators are available at the Clubhouse Activities Desk and online at ashtonliving.net.



Neighborhood Watch (NW) — Sprucing Up for Crime Prevention

By Fay Wood, NW Chief

- Trim the trees and bushes around your home (windows and doors should be clear and visible from the street).
- Lock pet doors unless in use by your pet (this accessory is an open door for a burglar to access your home).
- Consider purchasing a safe for cash and jewelry (only give location of items to trusted people who need to know)
- Avoid home-improvement scams/deception burglaries (never let door-to-door solicitors inside your home).
- Summer vacation plans? Don't announce it on Facebook! (post pictures after you return). You never know who sees your announcement that your home will be vacant for a period of time).
- Request a drive by, while you are away, from your Neighborhood Watch Coordinator, CAP Partner or a trusted neighbor. While driving they can notice any unusual activity and contact the appropriate law enforcement group.

Make Sure You're Informed

Register for Polk County's Public Safety Notification System

You can get immediate public safety notifications during emergencies or threatening situations on your smartphone, tablet, home phone, email, text and social media. Time-critical notifications include:

- Tornadoes/severe weather
- Mandatory evacuations
- Boil water orders
- Gas leaks
- Sexual predator relocation notices
- Critical law enforcement notices
- Hurricanes and hurricane recovery information



To register for Alert Polk, go to alertpolk.com or through the county's website at polk-county.net. Click on the Alert Polk button in the top right corner of the home page. When you register to receive notifications, please be aware that phone carrier charges may apply for all alert messages and data. You will only receive alerts that affect the address(es) you register.

For more information, go to polk-county.net/EM, or call the Emergency Management division at (863) 298-7000.

"Alert Polk" is part of "Alert Florida," the state's critical communications system shared with most public safety operations across the state.

New Lake Ashton Phone & Text Messaging System

By Christine Wells, LACDD Community Director

Lake Ashton residents can now opt in to receive telephone and/or text message alerts at certain times throughout the year and when there are time-sensitive or important alerts that need to be disseminated, such as hurricane watches or warnings. To opt in, sign in to ashtonliving.net, and click on My Profile in the upper right hand corner. Go to Manage My Subscriptions, and scroll down until you see Text/SMS Alerts and Voice Alerts. Choose one or both, enter your telephone number(s), and agree to the terms and conditions in order to complete your registration. For assistance, contact the Club Office at 863.324.5457.

Citizens Assisted Patrol (CAP)

By Stan Baron



While on patrol in the development, it is apparent that residents and visitors should remember to walk facing oncoming traffic. Many in the community have reduced hearing and bikes, golf carts, and electric cars don't make too much noise. You also want to know if there is a large truck coming your way. All drivers should also obey all posted speed limit signs (20 mph) and stop signs, and keep an eye out for pedestrians.

CAP and Neighborhood Watch are the eyes and ears of Lake Ashton. They are not law enforcement but observe and report only. They do not carry a gun or taser; they use a cell phone if they see something suspicious or help is needed. CAP is made up of men and women volunteers who reside in Lake Ashton, year round or seasonally. Last year CAP had over 3,500 patrol hours. If you can find the time and would

like to join, your help is always needed! For more information contact Mike Weissberg (863.324.3541) or Stan Baron (863.229.5269). Applications are available at the HFC and Clubhouse Activities Desks or in the patrol cars.

LA (LW) ARC: We See What You Wrote — What Did You Mean?

By Keith Stevens, LA (LW) HOA Director

The Architectural Review Committee (ARC) receives many requests for changes to owners' lots. The community covenants and rules require all changes to the exterior of your property be submitted for approval. The ARC is here to help you and your neighbors comply with the covenants and keep Lake Ashton looking and living great. But, many times these requests are not clear. For example: "We request approval to 'pour concrete around flower beds in back.'" Can you tell what that owner is asking for? Can you picture a three-foot wide and two-inch high concrete ring around the flower beds in the back of the house? Or how about concrete on the entire back yard except for the flower beds? The ARC believes both ideas are possible, but neither might be correct.

When you submit an ARC request, it would be of great help to the ARC if you submit with full information. That includes the size, dimensions, and location of the project, in addition to describing the materials and color. Please note that the ARC request form requires that you submit a request that allows your ARC to determine exactly what changes you want to make without visiting your property or talking further with you. However, your ARC representative will probably contact you anyway. Your ARC request must include a description of your proposed project in words and more. Your ARC request must include a scale map of your property showing all existing landscape features, all buildings and showing where your additions or change will be done. ARC representatives can help you submit a complete application. Contact the representative for your area (you can find at ashtonliving.net or by sending an email to arc@lakeashtonhoa.org). This complete request will be protection for you if and when in the future the rules change. Under changed rules, your project may become non-compliant. With an exact picture and description of what the ARC approved for you there will be an accurate record in your property files that you complied with rules in place at the time of your request. To find exactly what is approved thus far on your property, go to ashtonliving.net and sign in with your username and password. Click on "home" in the top upper left hand corner, and you will find a menu of the HOA information filed under your name.

Polk County Library Cooperative Bookmobile

By Christine Wells, LACDD Community Director

The Polk County Library Cooperative Bookmobile will be parked at the Clubhouse west parking lot every second and fourth Wednesday of each month from 9:30 a.m. to 4:30 p.m. (closed for lunch from 12:30 to 1:15). New library membership is available to anyone owning or long-term renting in Lake Ashton, with photo identification and proof of address. For more information, call 863.678.4004.

Lake Ashton Day Trips

By Christine Wells, LACDD Community Director

Day trips and group travel are designed to experience the best of Florida. All trips include reserved round trip transportation in deluxe motorcoaches from the Clubhouse. Sign up for any of the below at the Clubhouse Activities Desk with a check payable to Small World Tours.

Upcoming Trips:

June 20 — Barbara Lee Riverboat Luncheon Cruise
 September 19 through 23 — Key West Sunsets (4 nights)
 October 27 — Mt. Dora Craft Fair (*second bus available*)
 November 13 — Yacht Starship Luncheon Cruise
 December 4 — Christmas Memories Henry B. Plant Victorian Stroll

Parking Safety

By Christine Wells, LACDD Community Director

To keep this community as safe, enjoyable, and accessible as possible for everyone, all residents and guests in motor vehicles and golf carts should observe and practice the no parking policy under the Clubhouse porte-cochère (covered portion of the stone paved driveway). Please help maintain clear traffic lanes at the Clubhouse at all times so emergency vehicles and neighbors with limited mobility can have quick and easy access when needed. Loading and unloading is permitted on a limited basis and should be done so as quickly as possible. All golf carts parking elsewhere on the front driveway should only park with both front wheels to the curb towards the Clubhouse, not parallel to it, to allow as much room as possible for others to park. Do not park at any time on the opposite curb nearest the fountain. Please observe the No Stopping or Parking signs in front of the bank/sales office. This applies to all motor vehicles and golf carts on both the street and the sidewalk. This is one of the community's busiest and highest traffic locations and stopping and parking at this location can create very hazardous conditions for pedestrians and vehicles traversing this area. Parking is available in the parking lot west of the sales office or on either side of the Clubhouse.

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M O V I E S C H E D U L E

MOVIE SCHEDULE FOR THE CLUBHOUSE CINEMA. TUESDAY SCREENINGS ARE ALL CLOSED CAPTIONED.

Sunday, June 3 through Thursday, June 7 at 7 p.m.

LADY BIRD (2017) R 94 minutes

Comedy, drama, with language, sexual content, brief graphic nudity and teen partying. In her senior year of high school in Sacramento, teenage Lady Bird is set on making her way east to attend college in New York City. With help from her adopted brother, Miguel, she begins putting together a plan for her great escape.

Tuesday, June 5 through Thursday, June 7 at 11 a.m., 3 & 7 p.m.

Sunday, June 10 through Thursday, June 14 at 7 p.m.

WONDER (2018) PG 113 minutes

Family drama with thematic elements including bullying, and some mild language. Based on the New York Times bestseller, *Wonder* tells the inspiring and heartwarming story of August Pullman. Born with facial differences that, up until now, have prevented him from going to a mainstream school, Auggie becomes the most unlikely of heroes when he enters the local fifth grade. As his family, his new classmates, and the larger community all struggle to find their compassion and acceptance, Auggie's extraordinary journey will unite them all and prove you can't blend in when you were born to stand out.

Tuesday, June 12 through Thursday, June 14 at 11 a.m. & 3 p.m.

Sunday, June 17 through Thursday, June 21 at 7 p.m.

12 STRONG (2018) R 130 minutes

War drama with violence and language throughout. In the wake of the September 11 attacks, Captain Mitch Nelson leads a US Special Forces team into Afghanistan for an extremely dangerous mission. Once there, the soldiers develop an uneasy partnership with the Northern Alliance to take down the Taliban and its al-Qaida allies. Outgunned and outnumbered, Nelson and his forces face overwhelming odds in a fight against a ruthless enemy that takes no prisoners.

Tuesday, June 19 through Thursday, June 21 at 11 a.m. & 3 p.m.

Sunday, June 24 through Thursday, June 28 at 7 p.m.

ONLY THE BRAVE (2017) PG-13 133 minutes

Drama with thematic content, some sexual references, language, and drug material. All men are created equal... then, a few become firefighters. Only the Brave, based on the true story of the Granite Mountain Hotshots, is the heroic story of one unit of local firefighters that through hope, determination, sacrifice, and the drive to protect families, communities, and our country become one of the most elite firefighting teams in the country. As most of us run from danger, they run toward it—they watch over our lives, our homes, everything we hold dear, as they forge a unique brotherhood that comes into focus with one fateful fire.

Tuesday, June 26 through Thursday, June 28 at 11 a.m. & 3 p.m.

JUMANJI: WELCOME TO THE JUNGLE (2017) PG-13 112 minutes

Action/adventure comedy with adventure action, suggestive content and some language. When four high-school kids discover an old video game console with a game they've never heard of—Jumanji—they are immediately drawn into the game's jungle setting, literally becoming the avatars they chose. They discover that you don't just play Jumanji — you must survive it. To beat the game and return to the real world, they'll have to go on the most dangerous adventure of their lives, discover what Alan Parrish left 20 years ago, and change the way they think about themselves, or they'll be stuck in the game forever.

CLASSIC AND SPECIAL INTEREST FILMS WILL BE SHOWN IN THE CINEMAS ON FRIDAYS AT 1 P.M.

June 1 - BONNIE & CLYDE

(1985) PG 161 minutes

Serial bank robbers, sometime lovers and folkloric heroes Bonnie Parker (Faye Dunaway) and Clyde Barrow (Warren Beatty) barrel across Depression-ravaged America on a shooting spree that ends in a deadly rain of bullets and tragedy. Directed by Arthur Penn, this stylish and sexy film shattered the mold when it came to crime pictures, layering comedy onto mayhem and youthful criminality. Gene Wilder makes his big-screen debut.

June 8 - WEST SIDE STORY

(1961) PG 151 minutes

This romantic musical update of 'Romeo and Juliet' won ten Oscars. The tale of a turf war between rival teenage gangs in Manhattan's Hell's Kitchen and the two lovers who cross battle lines has captivated audiences for four decades. The Stephen Sondheim/Leonard Bernstein score is just one of the reasons.

June 15 - ALL THE PRESIDENT'S MEN

(1976) PG 138 minutes

A reconstruction of the discovery of the White House link with the Watergate affair by two young reporters from the Washington Post. The film that launched a thousand journalism school students, All the President's Men chronicles how the work of reporters Bob Woodward (Robert Redford) and Carl Bernstein (Dustin Hoffman) contributed to the public downfall of President Richard M. Nixon. The duo connected a Washington, D.C., hotel break-in with a Nixon "dirty tricks" team assigned to discredit Democratic rivals, launching a series of tense events that forced Nixon to resign.

June 22 - PRETTY WOMAN

(1990) R 117 minutes

Edward is a rich and sophisticated businessman, and Vivian is a Los Angeles prostitute struggling with her lifestyle and a need to pay the rent. On a business trip to Los Angeles, Edward hires Vivian to be his girlfriend for a week while he traverses the local social circles. Love and various social complications invade their tidy arrangement and have the pair wondering if this Cinderella-story could have a happy ending.

June 29 - TO KILL A MOCKINGBIRD

(1960) NR 130 minutes

This big-screen adaptation of Harper Lee's novel stars Gregory Peck (in an Oscar-winning role) as lawyer Atticus Finch who defends an innocent black man against rape charges but ends up in a maelstrom of hate and prejudice. Meanwhile, Finch's children, Jem and Scout, set their sights on making contact with a reclusive neighbor (Robert Duvall).

KEEP INFORMED - ATTEND MONDAY COFFEE!

Everyone is welcome to attend Monday Coffee at 9 a.m. in the Clubhouse Ballroom for updates on activities, clubs and groups, facility maintenance, and other community news. Coffee and refreshments are available for \$1.

June 4

- Birthday and Anniversary Celebrations
- Polk County Emergency Management Hurricane Preparedness
- Healthcare Advocates

June 11

- Bite Me Monday (pet supply donations for Humane Society)
- Visit Central Florida
- Edward Jones - Matt Simpson
- Bloodmobile
- Blood Pressure and Glucose Checks with LWMC

June 18

- Peanut Butter Monday (non-perishable donations for Lake Wales Care Center)
- TECO Energy Audits
- Living Water Boat Cruises

June 25

- Blast from the Past
- Salvation Army
- Morgan Stanley - Matthew Grubb

Board of Supervisors Meetings

LACDD Meeting
Friday, June 8 at 9 a.m.
Clubhouse Ballroom



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Christine Graves
Lake Ashton Resident
(863) 514-5368

Don't Miss a Great Gatsby Celebration!

By Christine Wells, LACDD Community Director



The Roaring 20s will come alive in the Clubhouse Ballroom with a Great Gatsby celebration June 27, featuring music by the Brass Heart Band, the hottest horns in the Heart of Florida! Purchase tickets at the Clubhouse Activities Desk with Visa, MasterCard, or check payable to Theatre Winter Haven. Tickets are \$25 (premium) and \$20 (regular). There is a \$2 transaction fee for each purchase.

Take it Easy with the Alter Eagles!

By Christine Wells, LACDD Community Director



See and hear the music of the Eagles with the Alter Eagles on July 25 in the Clubhouse Ballroom. They are one-of-a-kind professional touring musicians who were excited to pool their talents to provide the most accurate live recreation of the Eagles music possible. Tickets are \$25 (premium) and \$20 (regular). Purchase tickets at the Clubhouse Activities Desk with Visa, MasterCard, or check payable to Theatre Winter Haven. There is a \$2 transaction fee for each purchase.

High Octane

By Rosemary Stoner, HFC Activities Assistant, and Karen Van Kirk, HFC Activities Office Manager

A new group is coming to Lake Ashton HFC Happy Hour Saturday, June 16, from 7 to 10 p.m. HFC staff is excited to introduce High Octane. Cost is \$5 per person or \$8 per couple admission. The Eagle's Nest will be selling hamburger, hotdog and chips combo for \$8. Beer and wine will also be sold. All are welcome. Come start your weekend fun and let the music light your fire! Table reservations are available at the HFC Activities Desk for \$10 a table beginning June 7.

LARV Benefit Association

By Ann Boogher

Lake Ashton, you've done it again — supported the children in the area through the Benefit Association's 14th Annual Fund Drive and Casino Night Gala. Over these years the Association has been able to help the schools through the grant program with a total of \$383,585. This year's grants totaled \$31,566 to ten area schools. You have listened to our educators tell of the usefulness of these programs and enjoyed the student musicians who are benefiting from the grants. The

Benefit Association wants to thank these major business sponsors: Red Hoagland Hyundai, Weikert Ford, Lupini Construction, CenterState Bank, Huston Buick, GMC, Cadillac, Bryan's Auto, Eye Specialists of Mid Florida, Dan Mar Productions, Bob Leary & Sons, Scott McKay, Patton Tires and Raysway, Inc (McDonalds) as well as Lake Ashton resident sponsors and over 35 other business and resident sponsors — more than 100 donors! Yes, that does require many hands and the Benefit Association would love to include yours next year. It is fun and very rewarding, so join in next year for the 15th Annual Drive!

Fourth of July Golf Cart Parade

By Jim Mecsics

The Lake Ashton Veterans Association will present the Annual Fourth of July Golf Cart, Classic Car and other Conveyance Parade. As in the past, classic cars and other conveyances (bicycles, etc.) are welcome, as well as golf carts. Come join your Lake Ashton neighbors and decorate carts, cars and more, and "parade" through the community on the morning of the Nation's Birthday. Sign up at the Clubhouse Activities Desk starting June 1. Line up for the parade will start at 9:30 a.m. on the Fourth at the HFC Parking Lot with the parade starting at 10 a.m. If you don't feel like decorating your cart, just come and celebrate the Fourth of July throughout Lake Ashton. There will be prizes for the best decorated carts or other vehicles. So, come on out, Lake Ashton, and celebrate our Independence Day with a good old fashioned parade ... sort of.

After the Parade — Fourth of July on the Boardwalk

By Christine Wells, LACDD Community Director

After the LAVA and Auxiliary sponsored Fourth of July golf cart parade, join friends and neighbors for a Fourth of July Boardwalk celebration from noon – 2 p.m. in the Clubhouse Ballroom. The smell of popcorn will fill the air as residents explore Lake Ashton's indoor Boardwalk, finding a hot dog stand, homemade potato chips, ice cream sundae bar, lemonade stand and caricature artists along the way. Tickets are \$15 each and will go on sale Tuesday, June 5 at 9 a.m. at the Clubhouse Activities Desk. Open table seating will be available.

Save the Date - Beach Party Bash

By Christine Wells, LACDD Community Director

Splash, splash ... it's a Summer Beach Party Bash! Join your neighbors and friends in the Ballroom for a tropical drink or two on Friday, August 17. Look for more details in the July edition of the LA Times. Tickets will go on sale July 3.

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LA Niners

By Carol Gillespie

The Lake Ashton Ladies Nine-Hole Golf Association celebrated a hole-in-one scored by member Janet Luke, who is shown in this photo with the ball that she used. Janet was playing in the Niners' regular Tuesday outing when she hit the amazing shot on the 17th hole of the East Course. She knew that the shot had been headed straight for the pin, but she did not realize that it had gone in the hole until she went to look for her ball and found it at the bottom of the cup! In honor of her achievement, Janet treated the group to drinks at the Eagle's Nest after the game. The Niners have now started their summer season, and their tee-off time has been moved ahead to 9:00 AM to take advantage of the cooler morning weather. On the last Tuesday of each month, they enjoy a casual "lunch with friends" at the Eagle's Nest following their game. Any woman who is a golf member but has not yet joined the Niners can play with them during the summer by paying a one-time fee of \$15 for the season. Members who have already paid their annual dues can continue to participate during the summer without additional charge. The Niners also collect a weekly contribution of \$3.00, which goes into a prize fund and a league savings fund. They welcome women who are golf club members and would like to play nine holes of golf on Tuesday mornings. Those who are interested should sign up on the weekly sheet that is posted on the Niners' bulletin board located outside the ladies room in the Pro Shop.



To have your hole in one featured in the LA Times, email a picture to valerie@lakeashtoncdd.com along with the date, course, and hole number.

Lake Ashton Ladies Golf Association (LALGA)

By Patty Wallner

Another one in the record book—what a great closing day/ lunch, announcing the year's achievements (too many to list). Beginning with a string shamble with Flight A 1st place winners (Amstutz, Simonetta, Price, Asher) shooting —63, and Flight B 1st place winners (McKie, Wallner, Cargel, Novak) shooting —66. The year closed with our highest membership to date of 121. Among the many awards, there were Hole-in-Ones by Sandy Alfano, Deborah Foulke, Rosie Engel, and Eagles by Linda Drawbridge, Chere Smits and Cheryl Tillman. Most improved: Margie Dersham, Judy

Auger, Karen Young, Janice Vazquena, and Cindy Holden. (Full list of all awards was emailed.) No year is possible without the cumulative efforts of so many—the staffs of the incredible Pro Shop and Eagle's Nest, Committee volunteers, and the LALGA Board. Thank you for 2 years of service to the outgoing board member chairs: Carol Morse, President, Deborah Foulke, Vice President, Trish Kellar, Tournaments, Sue Bloedorn, Rules, and Patty Wallner, Publicity. Welcome to incoming board member chairs: Deborah Foulke, President, Mary Donaldson, Vice President, Mary Lou Wheat, Tournaments, Colette McKie, Rules, Linda Zacharia, Publicity. (Remaining board chairs: Brenda Mitchell Poe, Secretary, Tassy DeAngelo, Treasurer and Nancy Zografos, Sunshine/Welcome.)



Pictured above left: outgoing President Carol Morse and incoming President Deborah Foulke



Pictured above right: Dedicated LALGA Statistician, Char Walter, has worked tirelessly for eight years keeping track of weekly results and all cumulative records which lead to LALGA yearly awards. Thank you Char!

Golf for a Cure for Parkinson's Disease Follow Up

By Bob Harmon

Thank you, Lake Ashton. On Saturday, April 7, the Lake Ashton Parkinson's Outreach/Support Group and Parkinson's Cure Research Funding, Inc. hosted the ninth annual Golf for a Cure for Parkinson's Disease golf tournament. 230 golfers attended the event which was followed by a luncheon, raffle and silent auction. A total of over \$49,000 was raised and donated to the Michael J. Fox Foundation. Just under \$400,000 has been raised in the nine years that the event has been held. 100% of the money sent to the Fox Foundation goes directly to research. The Foundation is the largest private non-profit funding source of Parkinson's research.

GOLF FOR A CURE FOR PARKINSON'S

For the ninth year the Golf for the Cure for Parkinson's event has received the support of the Lake Ashton community as well as the vendors and service providers in Polk County.

The Parkinson's Outreach group wants to thank all of those who attended the outing, the sponsors, donors, volunteers, LAVA, and the Pro Shop staff. This was once again a community event. We would have been unable to achieve the success we have had without every element of the community.

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Monday Duplicate Bridge

April 2

North/South: Jo Fuller & Nancy Till, Don Fuller & Jim Ford, Karen Brady & Dana Cunningham

East/West: Judy Marine & Geri Duffy, Sue Maher & Mary Allen, Mary Beth Ranheim & Bob Wendin

April 9

North/South: Jim Ford & Don Fuller, Sonny Robinson & Pat Foster, Dana Cunningham & Karen Brady

East/West: Geri Duffy & Judy Marine, Marge Kniat & Dana Griffiths, Sue Maher & Cheryl Tillman

April 16

North/South: Karen Brady & Dana Cunningham, Don Fuller & Jim Ford, Pat Foster & Sonny Robinson

East/West: Judy Marine & Geri Duffy, Bob Wendin & Mary Beth Ranheim, Ron Destefano & Cheryl Tillman

April 23

North/South: Sonny Robinson & Pat Foster, Don Fuller & Jim Ford, Dick & Lois Dole

East/West: Cindy Holden & Linda Ford, Pat & Jim Mark, Mary Allen & Sue Maher

April 30:

North/South: Jim Ford & Don Fuller, Pat Foster & Sonny Robinson, Judy Robertson & Sue Agre

East/West: Linda Ford & Cindy Holden, Sue Maher & Mary Allen, Mary Beth Ranheim & Bob Wendin

Gentlemen & Ladies Tuesday Bridge

April 17: Ken Ross, Pauline Pare, Judy Marine, Dick Dole

April 24: Lois Dole, Dick Dole, George Rogers, Judy Marine

May 1: Linda Boast, Judy Marine, Carl Boast, Jim Mark

May 8: Ken Ross, Jim Mark, George Rogers

May 15: George Rogers, Marge Kniat, Carl Boast

Friday Ladies Intermediate Bridge

March 16: Pauline Pare, Geri Duffy, Nelda Sedlacek

March 23: Lois Dole, Mary Beth Ranheim, Judy Marine, Pauline Pare

March 30: Marge Kniat, Dana Griffith, Nelda Sedlacek, Lois Dole

April 6: Judy Marine, Marge Kniat, Lois Dole

Euchre Winners

April 28: Ted Harmon, Orlando Martins, Jim Hoyt & Nancy Martins (tie)

May 12: Norma Haring, Pam Totten, Cindy Berry & Tom Murphy

Ping Pong Group

By Karen VanKirk, HFC Activities Office Manager

Come join the Ping Pong group as they play Mondays at 12:30 p.m. in the HFC Community Center and Saturdays in the HFC Sports Court at 1:30 p.m.

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Turnberry Lane Potluck

By Mary Allen

The Turnberry Lane Potluck will continue to be held at the Pavilion throughout the summer on the first Tuesday of each month at 5 p.m. Next date is June 5. Please bring your own beverage (adult or otherwise), plates and utensils, your own entrée (grill available) and a dish to share with 8 to 10 people. All Turnberry Lane residents are welcome!

Community Potluck

By Kerry Giebler

The next community potluck dinner will be on Sunday, June 10 at 5 p.m. in the Clubhouse. Since there was no dinner in May, the committee is looking forward to getting back to the potluck dinner and seeing everyone. All are welcome! The cost is \$2/person, payable at the door. Please sign up at either Activities Desk or online at ashtonliving.net. Please bring a dish to serve eight that starts with "P" or "S" — stands for "Pretty" and "Summer"!

Pet Co-op

By Don Cook

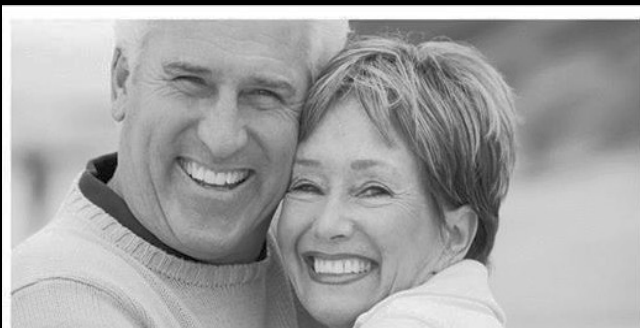
The Pet Co-op Social/Dinner/Raffle will take place Wednesday, June 13 with a Pet Picnic at the Pavilion overlooking the lake. Bring your pet ... there will be hot dogs, chips, soft drinks. Purchase tickets at the Clubhouse Activities Desk for \$5/person (no charge for your pet). Program and personal instructions will start at 1 p.m. and a trainer will be present until 4 p.m. Betty Shorter, CPDT-KA, is the owner of K-9 KIDS, LLC a AKC Canine APDT C.L.A.S.S. and a Good Citizen Evaluator. Registration is required — pick a time for your own pet evaluation The raffle will be held at the program. Raffle tickets will be sold for \$1 each or 6 for \$5. Call Don Cook at 863.528.3738 with any questions.

Eastside Winers and Diners

By Don Cook

The next social/dinner will be held June 21 at 5:30 p.m. at the new IHOP on US Hwy 27. Go online to ihop.com for coupons and menu items. Your reservation ticket is also your individual raffle ticket. They can be purchased at the Clubhouse Activities Desk for \$2/person. Plans are in the making for a wine tasting event at Lake Ashton in August. Stay tuned! Call Don Cook, host, at 863.528.3738 with any questions.

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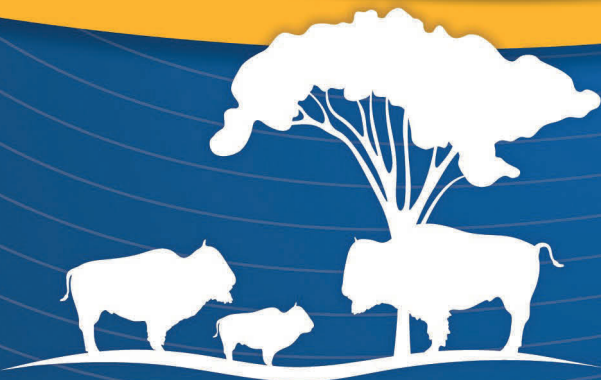
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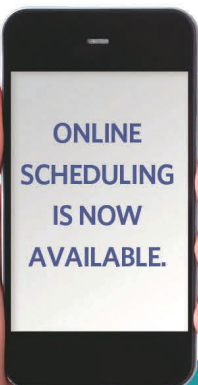
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LA Belles

By Johanna Frank

The LA Belles May luncheon will be held on June 27 at 11:30 a.m. at Giorgio's Restaurant in downtown Lake Wales hosted by Barbara Dwyer (863.324.1452) and Johanna Frank (863.318.8974). Everyone will make their own selections from the menu with individual billing. Sign up at the Clubhouse Activities Desk with your deposit check of \$10 to secure your reservation. Make undated checks payable to LA Belles. Your check will be returned to you when you check in. You can use your undated check to hold your reservation each month. In order to cancel your reservation, contact one of the hostesses no later than 48 hours prior to the event to ensure that your deposit is returned. Any cancellations after that time period will forfeit their deposit.

LA Democratic Club

By Lyn Rogers

The Lake Ashton Democratic Club will meet June 17 at 3 p.m. in the Clubhouse Ballroom. Everyone is invited to attend the meeting, but to become a club member you must bring your Democratic Voter Registration card.

LA Travelers

By Maureen Sim

The LA Travelers is a chapter of the Family Motor Coach Association (FMCA) organization that exists to promote social, recreational and informational exchange activities for the enjoyment and pleasurable use of member recreational vehicles. The Travelers have rallies almost every month at various locations around Florida. These rallies are a great way to use your RV, meet new RVers, and have fun. FMCA and the LA Travelers have recently opened up membership to include not only Class A, B and C motorhomes, but also self-contained trailers and fifth-wheel recreational vehicles. Anyone with a self-contained RV unit that would like additional information on joining FMCA and/or the LA Travelers, contact Maureen (rsimcpa@verizon.net, 863.604.0309) or stop by the Clubhouse Ballroom during the RV Social Tuesday from 3 to 5 p.m.

LA Travelers April Rally

By Carol Fako

Sixteen motorhomes traveled to Jolly Rodgers RV resort in Marathon in the Florida Keys for the April Rally. On Wednesday, April 18, everyone gathered at a local restaurant for a delicious dinner followed by watching a beautiful sunset back at the campground. Thursday everyone was

able to explore the Keys during the day and gather for a potluck dinner and another beautiful sunset. Friday most of the men went on a charter fishing trip where they caught 72 fish (the jury is still out on who caught the most), so there was an impromptu fish fry Saturday cooked by chef Gator Patrick. There was also a pool party, ice cream social, and a catered dinner from Porky's BBQ, with famous Key Lime Pie. The group's own talented Mary Ann Buran brought her keyboard and played for the group one evening. Four fabulous days were spent in paradise with four beautiful sunsets. Hosts for the rally were Gary & Carol Fako, Gator & Suzanne Patrick, and Dave Stalely & Marcia Blasko.

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Magic Years Club

By Becky Faughander

The Magic Years Club is open to all Lake Ashton residents who enjoy learning about and going to Walt Disney World for luncheons and special events. Upcoming Events:

Tuesday, June 5 at 7 p.m. — Regular meeting in the HFC Craft Room (last meeting of the summer — resume in September).

Tuesday, June 12 at Noon — Luncheon at Wolfgang Puck's Express at Disney Springs. Contact Hazel McCord at 863.280.6140.

July 2 at 5:20 p.m. — Dinner at the Polynesian Kona Café, followed by a pontoon boat ride on the Seven Seas Lagoon for the 9 p.m. fireworks show. Payment (\$40) is now due and there is only one space available. Contact Becky if interested (863.662.5806 or rkfog34@brighthouse.com). More details and updates to follow at monthly meeting and via email to those attending. If you have changed your email please send Becky an email with your new address.

Look for an email to come out around the middle of August for the upcoming luncheons and events in the fall. It's been a pleasure working with everyone — have a safe and cool summer break! Rose and Joan are looking forward to everyone's return. Hopefully the Faughanders will be at the beach!

Card making Group Seeks Members

A card group of six is looking for three people to meet next fall/winter on the second Friday of the month at 9:30 a.m. in the HFC Craft Room starting in October. If you like to make cards, please join! Call Kathy at 863.324.6294 or Mary Lee at 863.875.4528.

Pet Play Parks

By Myrna Soberman

All dogs are welcome to play at the park. If you choose to visit the park, please be aware that the park is for all sized pet at all times and many different types and sizes of dogs may be visiting at the same time. All pets, whatever size, are to be closely supervised at all times. When your dog defecates at the park or anywhere in Lake Ashton other than your own yard, you are required to clean it up and remove it immediately. Not doing so can be a health hazard to people and other animals and also violates Polk County ordinance CO1-001, where fines can apply. Bags are located by the Clubhouse Tennis Courts and Pet Parks. Lake Ashton is a pet friendly community, so being a responsible pet owner will help keep it that way. Additionally, the following is taken from the Amenities Policies: Dogs and all other pets (with the

exception of service dogs) are not permitted at the Amenity Facilities. In the event a special event is held, as previously approved by the Amenity Manager, and dogs are permitted at the Amenity Facilities as part of the special event, they must be leashed. Patrons are responsible for picking up after all pets and disposing of any waste in a designated pet waste receptacle or an outdoor dumpster as a courtesy to residents.

The Pebble Beach Park has reopened. The same rules and regulation apply to this park as in the Winged Foot Lane Park. Designated pet parks are places for pets to socialize and play and are not to be used as public toilets or for pet grooming activities. All pet owners are responsible for monitoring their pets' behavior and ensuring a clean environment. If anyone notices pet owners not adhering to these policies, kindly inform them of these rules. Repeated offenders or any aggressive pets may be asked to leave the park.

It is recommended that owners acclimate new or visiting pets to the park when other pets are not present. Pets respond better to a new environment when they don't feel threatened or attacked. As you begin to introduce your pet to others, notify owners before entering the park so special attention is provided to ensure a smooth transition.

Donations are always welcomed for waste bags and other necessary improvements, and are always appreciated. Thank you to these recent donors in April: Christine & Bill Baxter, Cheryl & Dion Hedstrom, Chuck & Christine Hunziker, Colin Johnson, Randy & Noreen Lester, Bob & Sylvia Sosinski.

Pebble Beach Pet Play Park

By Rhonnie Thrower

The Pebble Beach Dog Park Patrons would like to thank the LAICDD Board Members for purchasing the Pet Play Park from the Golf Course, especially Mary, Jim, and Doug. Looking forward to working with you in the future. The dogs are so happy to be back in the park. It was a long awaited reunion as the hurricane damaged five of the trees. The park will be having fundraisers to help with the purchase of new trees. Also, a special thanks to the Stumpbusters: David, John, Danny, Steve, Phil, and Larry. Hope to see you there soon. Happy days are here again!



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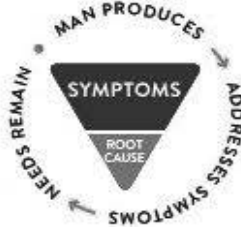
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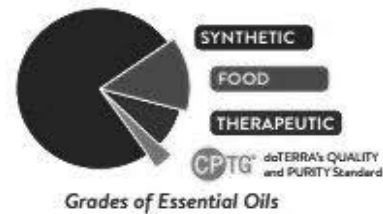


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Lake Ashton Republican Club

By Betty Davenport

The Lake Ashton Republican Club will greet guest speaker Melony Bell, candidate for the Florida State House of Representatives, on June 27 at 4 p.m. in the HFC. Melony Bell has served as Polk County Commissioner for eight years and wishes to take her talents to Tallahassee. The honorable US Navy Captain Jim Guth will also tell of his background to become a member of the Polk County Commissioner. There will be several other Candidates in attendance for residents to meet and greet. Everyone is invited to attend. Get to know your candidates prior to receiving the absentee ballots or going to the polls. For information, call Betty Davenport at 863.969.4422. Tickets for the Firecracker Jamboree, to be held July 25 at the HFC, will go on sale for \$15 at both Activities Desks on June 4.

Retired Old Men Eating Out (ROME0)

By Tony Chloros

The heat and humidity Central Florida is famous for his here, and most all but full-time residents have "flown the coop" to cooler parts of North America. Those who remain in many cases find that their neighborhood is populated by only a few

and they wonder what they will do with their time during the summer months.


The ROMEO Group has a suggestion for the men; join the group for breakfast at the Eagle's Nest Tuesday mornings at 8. If your pals are away, you'll find new friends and camaraderie amongst those enjoying an excellent buffet prepared by the consummate host, Vicki Moore.

Dinners for members and wives, about every four weeks is an additional benefit with the distaff side also meeting new friends. There are no fees or dues, only a commitment to attend a minimum of one breakfast a month while in residence. If you would like more information, please contact summer facilitator John Velebir at 863.662.4811 or at jvelebir@earthlink.net. Welcome aboard — you are sure to enjoy the experience.

Lake Ashton Singles

By Hazel McCord

The Lake Ashton Singles Group will meet the first Sunday of the month at 3 p.m. in the Clubhouse Card Room to plan events and socialize. Next meeting is June 3. All Lake Ashton singles are welcome to attend.




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Wellness News from the HFC

By Mary Bosman, LAIICDD Community Director

HFC staff has a scheduled Circuit Training for Lake Ashton residents the first and third Mondays of each month at 3 p.m. Personalized fitness plans and fitness goals are explained and planned for attendees. Please call ahead and get on a list for the next training, as a three-person maximum in a class provides optimum training opportunities and personalized programming information.

Prior to attending the Circuit Training, stop in at 11 a.m. on the second Friday of each month for Fitness Equipment Orientation. This class will help prepare you for the Circuit Training if you wish to go ahead with a personalized plan. There is no fee for either of these activities and they are taught by Certified Fitness Instructors.

If you would like to contract a Personal Trainer, Laurie Heverly is a Certified Personal Trainer in addition to her Fitness Instruction. Certified Massage Therapists Paulette Edmonds, Kasia Brunson and Norma Kenny-Maclure are available by appointment at the HFC. Call the HFC at 863.595.1562 for their contact information.

Speech Therapy Services Offered

By Mary Bosman, LAIICDD Community Director

At Lake Ashton, speech therapy is delivered on a one-on-one basis that will improve your ability to stay independent, maintain leisure and socialization skills, and prevent further decline in thinking, memory, and problem solving abilities.

This service will be available every second and fourth Wednesday of the month at 10 a.m. in the HFC Fitness Center. Sign up at the HFC Activities Desk. This service is free to all Lake Ashton residents.

Summer Reminders - Stay Healthy!

By Mary Bosman, LAIICDD Community Director

Summer is here. Wear sunscreen or protective clothing and stay hydrated for your health! Walking on the indoor track or treadmills is a safe way to prevent heat exhaustion and sun damage to your skin.

Donate Blood, Save Lives

By Christine Wells, LACDD Community Director

The next blood drive is scheduled for Monday, June 11 in the Clubhouse West Parking Lot. Register in the Clubhouse Ballroom prior to 9 a.m. Monday Coffee. Photo IDs required.

Clubhouse Fitness Center Orientation

By Christine Wells, LACDD Community Director

Lake Wales Medical Center is facilitating a complimentary orientation to the Clubhouse Fitness Center on the fourth Thursday of every month at 6 p.m. Please note date change. The next date is June 28. Operating the various equipment safely as well as basic gym etiquette will be addressed. No advance registration required.

Weight Watchers

By Kay Prusiecki

Weight Watchers hopefully will continue through the summer and fall with your help! Four more people are needed to sign up for the next session beginning June 1. The "Freestyle" Program has helped so many folks here in Lake Ashton lose weight and keep it off by attending the meetings. The program is easy to follow, because on this point system fruits, veggies, eggs, chicken breasts, turkey breasts, and most seafood are all ZERO points. If you want to become a healthier and better you, then come to the HFC Craft Room Friday mornings at 7:30 a.m.


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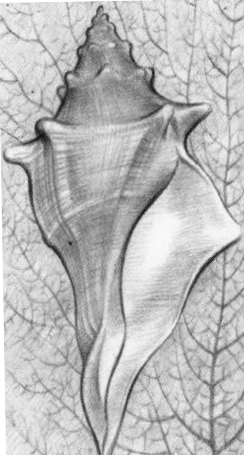

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Beading Buddies*Facilitator: Nancy Ferreira*

2nd & 4th Tuesdays, 11 a.m. to 1 p.m. and 7 to 9 p.m.

Clubhouse Craft Room

The Artsy Group*Facilitators: Connie Eaton, Angie Craft*

Mondays, 9 a.m. to noon

Clubhouse Craft Room

Bring any art related project

**Bob Ross Oil Painting Class***Instructor: Kay Lenherr*

Saturday, June 9, 1 to 4 p.m.

Flamingo Fun

Clubhouse Craft Room

Sign up at the Clubhouse Activities Desk

\$35/person, payable at class

Creative Stitchers*Facilitator: Pat Howe*

Bring a stitching project to work on

Tuesdays, 1 to 4 p.m. — HFC Craft Room

Sew What and So Much More*Facilitator: Gretchen Frantz*

Crochet, knit, craft sewing & more

Thursdays, 1 to 4 p.m. — HFC Craft Room

LA Ceramics Chicks Club*Instructor: Mary Bosman,**Certified Duncan Instructor*

Wednesdays, 9 a.m. to 1:30 p.m.

HFC Craft Room - \$35/year, plus paint supplies

Alzheimer's Support Group*Facilitator: Stephanie Thompson Wardlow*

Fourth Wednesday, 11 a.m.

Clubhouse Craft Room and Clubhouse Conference Room

Caregivers Support Group*Facilitator: Donna Ruggiero*

Second Friday, 11 a.m. — Clubhouse Card Room

Grief Support Group*Facilitator: Good Shepherd Hospice*

First Thursday, 10:30 a.m.

HFC Card Room

Parkinson's Support Group*Facilitator: Bob Harmon*

First Friday, 10 a.m.

Clubhouse Ballroom

Beginner's Mah Jongg Lessons*Facilitator: Myrna Soberman**(call 8639693622 to reserve your space)*

1st, 2nd & 4th Tuesdays, 7 to 9 p.m.

HFC Card Room

Chair Yoga & Easy Qi Gong*Certified Instructor: Joanne Miknis*

Fridays, 11:15 a.m.

HFC Community Center

Gentle movements reduce stress, build stamina, increase vitality & enhance the immune system — \$5

Tai Chi

Tuesdays, 11:30 a.m.

HFC Sports Court

Diagnosed Parkinson's and caregivers free, all others \$5

Yoga Share*Coordinators: Diane Yeager & Sally Winfrey*

Wednesdays, 8:45 to 9:45 a.m.

Clubhouse Ballroom

Practice to alternating DVD programs, emphasizing stretching, postures, and relaxation. All skill levels welcome. Bring a mat. Free!

Aqua Reloaded

Mondays, 11:45 a.m.

Wednesdays and Fridays, 10 a.m.,

HFC Indoor Pool

Free Square Dance Lessons*Instructor: Keith Stevens*

2nd, 4th & 5th Thursdays at 7 p.m.

Clubhouse Ballroom

LA Dance Classes*By Connie Wilkinson*

Dear Faithful Dance Students: THANK YOU! You all make my Monday afternoons fun! Most of you know that Lake Ashton Dance Classes are not held during the summer months of June, July and August. Due to travels in September, there will be no dance classes until October, so you have 4 months to practice everything you have learned this past year! Hope to see you on the dance floor this summer. Happy Summer to all!

Classical Stretch

By Karen Van Kirk, HFC Activities Office Manager

There will be a change from Friday to Thursday for Classical Stretch. Classical Stretch on Fridays at 12:30 pm in the HFC Community Center will be cancelled June 1. Classical Stretch now will be on Mondays at 10:50 a.m. and Thursdays at 11 a.m. in the HFC Community Center.

Men's Summer Bible Study

By Jim Brendemuehl

Men are invited to attend the non-denominational Bible Study Group every Tuesday at the HFC in the Craft Room, from 10:30 to 11:30 a.m. The group meets weekly to discuss a few verses from the Bible, Galatians and James, which helps them to grow in their respective faiths. The group is not made up of theologians; the men are just a group of common individuals trying to learn more about their faith in God. Fellowship is held before the meeting, from 10 to 10:30.

Please come to one meeting and experience the good time that is had by the group. Questions should be directed to Jim Brendemuehl, 815.343.5727, jcbrendem@gmail.com.

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Lake Ashton Clubhouse

4141 Ashton Club Drive

Lake Wales, FL 33859

Phone: 863.324.5457

Fax: 863.324.5829

Office Hours: 9 a.m. to 5 p.m.

LACDD Community Director:

Christine Wells

cwells@lakeashtoncdd.com

Lake Ashton Health & Fitness Center (HFC)

6052 Pebble Beach Boulevard

Winter Haven, FL 33884

Phone: 863.595.1562

Fax: 863.595.1567

Office Hours: 8 a.m. to 4 p.m.

LALCDD Community Director:

Mary Bosman

mbosman@lakeashton2cdd.com

www.ashtonliving.net

Lake Ashton employees are at your service. We want your experiences in the Clubhouse, Golf Course and HFC to be as pleasant and memorable as possible.

Clubhouse Activities Desk - Terisa Clayton	863.324.6032	tclayton@lakeashtoncdd.com
LA Times, Channel 732, ashtonliving.net - Valerie McCutcheon	863.324.6032	valerie@lakeashtoncdd.com
Club Office	863.324.5457	
HFC Activities Desk - Karen Van Kirk	863.595.1562	kvankirk@lakeashton2cdd.com
NiNi's at Lake Ashton	863.324.5810	
HOA Office (LW)	863.325.0065	office@lakeashtonhoa.org
RV & Storage Center	863.326.1304	dholmes@lakeashtongolf.com
Golf Club - Paul Sisemore, Golf Pro	863.326.1032	psisemore@lakeashtongolf.com
Eagle's Nest	863.326.1085	vmoore@lakeashtongolf.com
Lake Ashton Sales Office	863.324.8664	
Lake Ashton Resales Office	863.318.9542	

Gate House & Security Officers

Thompson Nursery Road (Lake Wales): 863.324.7290

CR 653 (Winter Haven): 863.318.0237

Lake Wales Police Department Non-Emergency: 863.678.4223

Winter Haven Police Department Non-Emergency: 863.291.5858

Polk County Sheriff's Office Non-Emergency: 863.298.6200 (to report identity theft or credit fraud)

Nuisance Alligator Hotline: 1.866.FWCGATOR (392.4286)

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HELLO *SUMMER!*



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PHOTO BY DALE STEENBERG

There is always something to do at Lake Ashton, so if you're staying here this summer or have family and friends visiting, be sure to check out the many outdoor activities that take place all year long, like shuffleboard, bocce, water aerobics, tennis, and pickleball. If you prefer the air conditioning, try out a card group, billiards game, bowling, and more!

VISIT ASHTONLIVING.NET FOR MORE INFORMATION!