



L.A.

TIMES

Lake Ashton Community Newsletter
July 2017

Simply the Best!



Lake Ashton Community Development District
4141 Ashton Club Drive, Lake Wales, FL 33859
Lake Ashton is a 55 & Older Deed Restricted Community

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ANOTHER HAPPY BUYER COURTESY OF THE O'REILLY TEAM!



Eve Marie Gallina (far right), affectionately known as ArtichokeMarie, was born in Brooklyn, New York, married her husband, Ben, in 1947, and raised two wonderful boys in Queens. After Ben passed, she moved to Stony Brook, Long Island closer to her sons. At an active 90 years young, she is now making

her final move - to Lake Ashton. She cooks like a typical Italian mother and has shared many recipes including her famous stuffed artichokes. She will move directly behind her son, Charles, but loves visiting her other son, Bennett, in Naples, Florida. Her daughters-in-law, Nora and Kristine, still pamper her, keep her busy shopping, and take her to the hair and nail salons. She is also looking forward to her granddaughter's wedding in Lake Ashton in October. She was born on Christmas Eve, and her family always gets together to celebrate her birthday with the seven fishes – a tradition they won't give up. Welcome Eve Marie to the neighborhood when you see her!

Lake Ashton (LW) CDD News

By Tricia L. Adams, LACDD Community Director

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Lake Ashton (Lake Wales) Community Development District (CDD) Board of Supervisors met June 9 and reviewed staff reports from the engineer, attorney, operations manager, and community director. Supervisors approved the new restaurant lease which is a twelve month lease, renewable for two subsequent years based on mutual agreement of terms. Lake Ashton CDD will be receiving \$1000 in monthly income from the restaurant lease beginning October 1. Supervisors also discussed potential capital improvement projects for the upcoming fiscal year. The Board will be reviewing, discussing, and adopting the final 2018 budget on August 11 at 9 a.m. in the Clubhouse Ballroom. Supervisors also approved the purchase of an emergency telephone for the Clubhouse pool, to be installed the first week of July. It can be used for emergency, life-saving assistance or to contact Lake Ashton CDD security. There are courtesy telephones located in the Clubhouse Fitness Center and Clubhouse Lobby if any pool users need to make a personal call. Lastly, in cooperation with Lake Wales Police Department, the security team at Lake Ashton CDD is now using a radar gun and speed display board to gather information, deter speeding and promote safe driving.

The Clubhouse and HFC offices will be closed on Tuesday, July 4 in observance of Independence Day. Doors for the Patriotic Show that day will open at 6:30 p.m. and tickets will be sold at the door (see p. 10). Trash, recycling and yard waste pickup for Lake Wales residents will occur on Saturday, July 8. Have a safe and happy Independence Day.

J U L Y 2 0 1 7

THANK YOU, LAKE ASHTON

Thank you once again to all the folks who stopped at the Clubhouse Activities Desk and gave donations for the Homeless Seniors in Polk County graduating this year. Vickie Griffis, the ESE Budgetary Accountant for Polk County Schools, shared that this year there were 132 graduating seniors. She is on the Sunshine Committee of the Learning Support Division of the Polk County School Board.

Lake Ashton contributed a very nice donation of just about \$1435, plus nine generous gift cards for Publix and \$75 in McDonald gift cards along with an assortment of lovely new bath towels and lots of sample size bathroom supplies. Almost 100 hygiene kits from LALGA were also donated. They were very thankful and appreciative of our efforts!

For the fifth year, I am thankful to you all, as I know that many of you have already given to many of the fundraisers for various causes that go on here in Lake Ashton. This is a great community to live in!

-Marcia Blasko

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August Issue Deadline: July 14

Guidelines for Submission:

- Email articles to: valerie@lakeashtoncdd.com
- 150 word limit. Articles will be edited for length and clarity.
- Include your club contact and phone number.
- The writing style is third person — avoid using I, me, my, we, our, or personal pronouns.
- Articles must be approved by club/group/organization leader prior to publication.

Photo Specifications:

- All photos must be digital images in “jpeg” format and submitted via email or on a CD.
- Photo files should be no smaller than 1600 x 1200 pixels.
- Space will generally allow only one photo per article.
- The designer and printer will make the final determination as to the print quality of photographs for publication.

Front cover photo courtesy of Larry & Joanne Hillock

Lake Ashton II (WH) CDD News

By Mary Bosman, LAICDD Community Director

The Rose Garden outdoor furniture project is complete with more seating, a bar, and a lighted fountain in place. Please stop over to see this large area now ready for parties of all sizes. Everyone can look forward to many events being held in this repurposed outdoor area of the HFC.

Funding has been approved for the Media Center restructuring this month. All work will be done within existing walls. If you are chairing a group that meets in that room, you should have been called by the Activities Office and other arrangements worked out for your meetings/ events. If you didn't get a call, please contact the HFC Activities Office at 863.595.1562. The room will offer a LAVA Memorial Wall, a computer section, and a large relaxing/ reading library/meeting area. A small office and an enclosed closet for the vertical lift will be in the far end of the room. Existing steps are being removed, so more usable space will be available. All groups that have been meeting in the Media Center will be able to continue upon completion of the restructuring project at the end of the month or early August.

Your LAICDD Board of Supervisors is very cognizant of having quality services and facilities but also having ample reserves available to meet expected and unexpected needs. The budget for next year will be finalized at the August Board of Supervisors Meeting. The budget reports will be easier to read visually, and understand, content wise. Much thought and coordination went into achieving these goals.

Guest & Renter Registration

By Gail Spence, Clubhouse Activities Assistant

All guests and renters must be registered and have a Facilities Guest Pass to use Clubhouse Amenities. To register, residents must bring at least one adult guest to the Clubhouse Activities Desk, and renters must have a copy of their rental agreement. The Clubhouse Activities Desk is staffed Monday through Friday from 9 a.m. to 5 p.m. and Saturdays from 9 a.m. to 1 p.m. Guests cannot be pre-registered by homeowners.

Resident Identification and Discounts

By Gail Spence, Clubhouse Activities Assistant

Those who have not yet done so, please stop by the Activities Desk with a government issued ID at the below times to have your picture taken for a photo identification

card. Other times are available by appointment only; call 863.324.6032 or email gspence@lakeashtoncdd.com. The ending times are when the last ID will be printed.

Tuesdays	9:30 to 11:30 a.m. & 3 to 5 p.m.
Wednesdays	3 to 5 p.m.
Thursdays	3 to 5 p.m.

Cardholders are entitled to receive discounts at a number of local businesses. Visit ashtonliving.net and click on Resident Identification Discount under the "Resident Services" tab for a list of participants. Keep checking back as the list is updated periodically. A list is also available at the Clubhouse Activities Desk.

New Resident Orientation

By Christine Wells, Club Office Manager

New residents of Lake Ashton are encouraged to stop by the Clubhouse to receive an informal introduction to Lake Ashton. The Club Office is open Monday through Friday from 9 a.m. to 5 p.m. Also, be sure to sign up at the Activities Desk for the upcoming new resident orientation where residents will have an opportunity to meet others new to Lake Ashton as well as community leaders. The next orientation is scheduled Wednesday, September 6 at 3 p.m. in the Health and Fitness Center, 6052 Pebble Beach Blvd.

Resident Directories

By Christine Wells, Club Office Manager

The updated quarterly Lake Ashton Resident Directory can be purchased at the Clubhouse Activities Desk for \$2 each. Please verify your listing is correct online on ashtonliving.net. Complete the directory update sheet located at the Activities Desk if any changes are needed. If you need assistance navigating ashtonliving.net, see Christine in the Club Office.

New MX Communications Location

MX Communications is in the same building but the office has moved to a new location. Residents can now find MX Communications staff on the east side of the Sales Office building (near Lake Ashton Boulevard) across from the Clubhouse. The telephone number remains the same — 863.326.1304. This office is also the location for RV Storage information.

Lightning Safety

By Ron Hevener, Community Watch Solutions Site Supervisor

Lake Ashton has a lightning detection system to alert golfers to get off the course, and notify all residents to go indoors when the potential for a lightning strike is in the area. When the system senses a lightning danger, a high-pitched siren sounds and strobe lights turn on and stay on until the danger passes. These strobe lights are at various locations including on top of the Clubhouse, the backside of the HFC and at the boat dock on Lake Ashton. A low-pitched horn will sound the all clear and the strobe lights will turn off when lightning has passed. Be safe, and remember that lightning strikes may occur far away from a visible storm. Get out of pools, do not stand under trees, and get indoors when the siren sounds. Please remember that golf carts are not safe from lightning.

Caveat Emptor - Let the Buyer Beware

By Tricia L. Adams, LACDD Community Director

Please know that selecting a vendor for home improvement requires due diligence and it is the homeowner's responsibility to make the best choice possible. General tips for hiring contractors include checking references, researching contractors, asking for proof of insurance (general liability and workers' compensation), getting written estimates, getting written guarantees, getting written contracts that include language about permits and licenses, and obtaining legal advice. Beware of contractors who tell you that you do not need to pull city permits or get ARC approval before beginning a project. ARC approval must be obtained before making any exterior changes to your house and city permits are often required as well. Due diligence upfront will save homeowners time and money in the long run. Obtaining proper permits, and knowing when permits are required, is an important step in home improvement and, even if specified otherwise by agreement, the homeowner is ultimately responsible for all fees, costs, fines, penalties, and remediation associated with failure to obtain proper permits. Please contact Lake Ashton CDD Community Director Tricia Adams at 863.324.5457 with any questions or concerns.

HOA (LW) Corner and MX Communications Lawsuit Settlement Update

By Nancy Baker

On June 11, Attorney Dan Perry gave a presentation on the proposed settlement with MX Communications. If you

were not in attendance and wish to receive a copy of Dan's handout explaining the settlement and what will transpire in the next 60 to 90 days please contact the Board or email secretary@lakeashtonhoa.org. The Board emphasizes that all members should continue to pay MX until the settlement agreement is finalized.

The Lake Ashton HOA has the responsibility to ensure the Covenants, Conditions and Restrictions (CC&R) are enforced. The HOA Board maintains a standing committee, The Architectural Review Committee (ARC), consisting of neighbors willing to volunteer to assist you with any questions or information needed to maintain your property values. Never hesitate to contact your area representative, who can be found on ashtonliving.net under HOA ARC (LW) AREA REPS.

Once again, residents are reminded that yard waste and bulk trash or items that will not fit into containers shall be placed at the curb no more than 24 hours prior to pick up. Trash containers and recycling bins shall not be placed at the curb before 6 p.m. or an hour before sunset, whichever is earlier, on the day before scheduled pick up.

LA (WH) HOA Liaison

By Judy Robertson

The Winter Haven Liaison Committee meets on the first Wednesday of every month at 9 a.m. in the HFC. While the control of the HOA still rests with the developer, the Liaison Committee advises him. Several residents have expressed concern about the length of time that yard waste sits in the streets before pick up by the city on Mondays. In an effort to find solutions, the Liaison Committee will hold an Open Forum on Wednesday, August 2 at 9:30 a.m. in the HFC Sports Court.

Winter Haven Water Restrictions - WH ARC

By Deb Holmes

Even with the recent rains, Polk County has still experienced the worst drought in 103 years, and watering restrictions are still in effect as follows. The restrictions are based on the last digit of your street address. Please be sure your sprinkler system has been set accordingly.

0&1 Monday; 2&3 Tuesday; 4&5 Wednesday; 6&7 Thursday; 8&9 Friday.

Since homes are now restricted to watering only one day per week, please make sure your sprinkler systems are in good working order and function is at optimum efficiency.

In cooperation with Lake Wales Police Department, Community Watch Solutions has implemented a radar display program designed for traffic calming. Equipment will be set up to gather information, deter speeding and promote safe driving. Drivers will be able to note their speed on the radar display sign. The speed limit at Lake Ashton is 20 MPH.

Neighborhood Watch - Let's Talk WiFi Thieves!

By Fay Wood, NW Chief



In this mobile society, laptops, tablets and phones go everywhere. WiFi access is so popular in public places - it's a great way to check email, do shopping, make reservations and more. But wait ... you could be opening yourself up to losing your personal information to a thief! When you turn on your electronic device in a WiFi zone, several choices appear, but some are not legitimate. If you inadvertently connect to the wrong network, a thief could be collecting your personal information. Be sure your connection is legitimate by first looking at your connection page. If you see a description of "computer to computer" with an icon of several computers, stay away! A legitimate wireless network will simply be called "wireless network" and display only one computer icon. If you are uncertain, do not connect. Legitimate businesses with free WiFi will assist customers, so don't be afraid to ask. Finally, be sure to set up your device so it does

not automatically connect to a wireless network. You should control the connections — not the airwaves.

Citizen's Assisted Patrol (CAP)

By Stan Baron

It's July, so it's hot, humid, and rainy, with thunderstorms. Remember, the dark cloud doesn't have to be right over you to be dangerous. When the golf course lighting alert goes off it just doesn't apply to golfers. Get out of the water and seek shelter. Be extra careful when driving during those heavy downpours or delay your trip until the storm passes. CAP and Neighborhood Watch are the eyes and ears of Lake Ashton, not law enforcement. They observe and report. A gun or Taser is not needed, but a cell phone can be used if you see something suspicious or if help is needed. CAP is made up of volunteers who reside in Lake Ashton, full or part-time, and help is always needed. Applications to join are available at both Activities Desks or in the patrol cars. For more information, contact Jim Novak (815.378.2051) or Stan Baron (863.229.5269).

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M O V I E S C H E D U L E

TO ACCOMMODATE MORE ATTENDEES, 7 P.M. SHOWINGS HAVE BEEN ADDED ON SUNDAYS AND MONDAYS. THERE WILL NOW BE 7 P.M. SHOWINGS SUNDAY — THURSDAY, WITH NEW MOVIES SHOWN TUESDAY — THURSDAY AT 11 A.M. AND 3 P.M. ALL TUESDAY SCREENINGS ARE CLOSED CAPTIONED.

Sunday, July 2 — Thursday, July 6 at 7 p.m.
(no 7 p.m. movie July 4)

MOONLIGHT (2016) R 110 minutes

Emotional, dark drama starring Trevante Rhodes and Andre Holland. Growing up in the drug-soaked world of 1980s Miami, young Chiron struggles to make his way through a helter-skelter adolescence while also grappling with confusion and anxiety about his emerging sexuality.

Tuesday, July 4 — Thursday, July 6 at 11 a.m. & 3 p.m.
Sunday, July 9 — Thursday, July 13 at 7 p.m.

A DOG'S PURPOSE (2016) R 110 minutes

Sentimental, heartfelt and emotional drama based on the book starring Josh Gad and Dennis Quaid. Unfolding through the prospect of a reincarnated dog, this affecting family tale follows a faithful canine who learns the purpose of his existence through the lives of his numerous owners.

Tuesday, July 11 — Thursday, July 13 at 11 a.m. & 3 p.m.
Sunday, July 16 — Thursday, July 20 at 7 p.m.

THE SHACK (2017) PG-13 132 minutes

Inspiring, emotional and spiritual drama based on the book starring Sam Worthington, Octavia Spencer, and Tim McGraw. Though Mack Phillips is filled with doubts and still grieving after a family tragedy, he answers when God calls him to a deserted shack in the Oregon wilderness, where what he finds will transform his life.

Tuesday, July 18 — Thursday, July 20 at 11 a.m. & 3 p.m.
Sunday, July 23 — Thursday, July 27 at 7 p.m.

FENCES (2016) PG-13 139 minutes

Dark, inspiring and emotional drama starring Denzel Washington and Viola Davis. A trash collector in 1950s Pittsburgh struggles to raise his family while trying to transcend the bitter experience of being a talented baseball player denied the opportunity to play in the manors because of his race.

Tuesday, July 25 — Thursday, July 27 at 11 a.m. & 3 p.m.
Sunday, July 30 — Thursday, August 3 at 7 p.m.

THE ZOOKEEPER'S WIFE (2017) PG-13 124 minutes

Violent and inspiring war drama based on the book starring Jessica Chastain and Daniel Bruhl. After the Nazis invade Poland, Warsaw Zoo caretakers place themselves in grave danger when they begin collaboration with the Resistance in an effort to save Jews from the Warsaw Ghetto.

CLASSIC AND SPECIAL INTEREST FILMS WILL BE SHOWN IN THE CLUBHOUSE CINEMA AT 1 P.M. ON SELECT FRIDAYS.

July 7 — BORN ON THE FOURTH OF JULY
(1989) R 145 minutes

Violent and emotional war drama based on the book starring Tom Cruise, Kyra Sedgwick, Tom Berenger, and Willem Dafoe. U.S. Marine returns home from the Vietnam War paralyzed from the chest down. After months of hellish rehabilitation, he finds renewed purpose protesting the war he once proudly fought.

July 14 — SWING TIME
(1936) NR 104 minutes

Classic, romantic musical starring Fred Astaire, Ginger Rogers, and Victor Moore. A gambler who misses his wedding to a young socialite must come up with \$25,000 for another chance with her. But after meeting a lovely dance instructor, he forgets about his old flame. Cited as the best of the Astaire/Rogers movies with the famous song "The Way You Look Tonight."

July 21 — MOTHER
(1996) PG-13 104 minutes

Feel-good, witty comedy with some sexual references starring Albert Brooks and Debbie Reynolds. A divorced novelist needs to figure out the reason his relationships with women keep failing. To learn, he goes to the source: his mother. But she's not exactly thrilled when he moves in with her.

July 28 — THE THIN MAN
(1934) NR 91 minutes

Classic, witty thriller starring William Powell, Myrna Loy, and Cesar Romero. The first installment of one of the most successful detective serials in film history. Stylish sleuthing spouses, who — between martinis — investigate the disappearance of a wealthy inventor with a rapid-fire mystery plot.

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KEEP INFORMED - ATTEND MONDAY COFFEE!

Everyone is welcome to attend Monday Coffee at 9 a.m. in the Clubhouse Ballroom for updates on activities, facility maintenance, and other community news. Coffee and refreshments \$1.

July 3

- Jeopardy Contestant Lauren Gilmore
- Birthday & Anniversary Celebrations
- HealthCare Advocates

July 10

- Lake Wales Little Theatre Presents Season 40
- Bite Me Monday
- Ingram Financial Group
- Lake Wales Medical Center Blood Pressure & Glucose Screening

July 17

- City of Winter Haven News & Updates
- Peanut Butter Monday
- Ankle & Foot Center

July 24

- City of Winter Haven Water Conservation Specialist Lisa Carter
- Blast from the Past
- Heart of Florida Regional Medical Center & Robotic-trained Urologist, Dr. D'Angelo

July 31

- Imperial Polk County Astronomical Society — Free Eclipse Glasses for first 75 to attend with Lake Ashton Resident Identification
- Edward Jones

Board of Supervisors Meetings

LACDD : Friday, August 11 at 9 a.m.
Clubhouse Ballroom
LAIICDD: Friday, August 11 at 1:30 p.m.
HFC

A Behind the Scenes Look at Jeopardy



Plan to attend Monday Coffee July 3 at 9 a.m. in the Ballroom to learn what it is like to be a contestant on *Jeopardy!* Polk County's own Lauren Gilmore will present an entertaining and informative program about the steps involved to participate in this popular game show. Lauren dreamed of being a contestant since she was a child; experience what it is like to have a dream come true by hearing her story about competing in the *Jeopardy Teachers Tournament*. Ms. Gilmore used part of her winnings to fund a Disney American History program and excursion for top-achieving students where she teaches at Lake Wales High School.

Get Prepared for 2017's Total Solar Eclipse!

Residents will learn what to expect during the upcoming total solar eclipse during a fascinating presentation by Imperial Polk County Astronomical Society (IPCAS) at Monday Coffee July 31 at 9 a.m. in the Ballroom. Astronomy expert and IPCAS President Cleveland Carter will explain how and why an eclipse happens, how to watch it safely, and where to go to see the upcoming eclipse in 100% totality. Here in Lake Ashton, residents will see a partial eclipse of about 80% on August 21. One of the most important things Mr. Carter will discuss is safely viewing the eclipse; be one of the first 75 residents in attendance on July 31 with a Lake Ashton Resident Identification and get free eclipse viewing glasses! Donations for IPCAS will be accepted.

FIRE AT LAKE ASHTON SUMMER HOURS:

11 A.M. TO DINNER HOURS TUESDAY - SATURDAY

Thursday Nights: 50 Cent Wings from 4 — 8 p.m. (dine-in only)

Enjoy **Live Music** inside the restaurant from 5 to 8 pm on **July 5 with Mic** and **July 26 with Rick Arnold!**



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- TURNING 65? SCHEDULE A MEETING



Christine Graves
Lake Ashton Resident
(863) 514-5368

America the Beautiful Patriotic Show!

By Gail Spence, Clubhouse Activities Assistant

This Independence Day, let this show take you on a journey to honor all of the service men and women, past, present, and future. The Patriotic Show is sure to be a performance that will bring out the American spirit in everyone! Gather in the Clubhouse Ballroom July 4 at 7 p.m. to celebrate this great country. Tickets are \$15 and are on sale at the Clubhouse Activities Desk. Payment can be made with check payable to LACDD, Visa, or MasterCard only.

LAVA Fourth of July Parade

By Jim Mecsics, Adjutant

The Lake Ashton Veterans Association will present the Third Annual Fourth of July Golf Cart, Classic Car and other Conveyance Parade. Classic cars and other conveyances (bicycles, etc.) as well as golf carts are welcome. Decorate your vehicles and "parade" through the community on the morning of the Nation's Birthday! Sign up at the Clubhouse Activities Desk. Line up will start at 9:30 a.m. at the HFC Parking Lot with the parade starting at 10 a.m. If you don't feel like decorating your cart, just come and join everyone

hailing the Fourth throughout LA. There will be prizes for the best decorated vehicles. Celebrate Independence Day with a good old-fashioned parade ... sort of.

LAVA Fourth of July Hot Dog Cookout

By Jim Mecsics, Adjutant

LAVA will also host a Fourth of July Veterans Appreciation Hot Dog cookout at the Pavilion from 1 to 3 p.m. All Lake Ashton Veterans and their spouses will get a grilled hot dog, chips, and a soda free of charge. Other family members and residents can purchase hot dogs, chips and soda for \$5/person. can purchase hot dogs, chips and soda for \$5/person. This is LAVA's way of saying thank you to all veterans living in Lake Ashton for their service to this great country, on the nation's birthday. You do not have to be a LAVA member to celebrate Independence Day with a good old fashioned hot dog cookout. Sign up for your free meal or purchase your tickets at the Clubhouse Activities Desk, and family members or residents can purchase tickets at the Activities Desk as well.


Cocktails, Legends and Laughter with Jimmy Mazz

By Gail Spence, Clubhouse Activities Assistant




Get ready for Jimmy Mazz's comedic musical journey through some of your favorite songs from the classics to today's contemporary artists. Jimmy's high energy and enthusiasm is tempered only by his ultra smooth

vocals as he creates his impressions of Tom Jones, Engelbert Humperdinck, Frank Sinatra, Dean Martin and Nat King Cole. He surrounds them all with funny stories and antics including the voices of Arnold Schwarzenegger, Sylvester Stallone and Bill Clinton. Audiences will be thrilled with his great voices of Lou Rawls, Tony Bennet and Michael Buble. Also enjoy a complimentary glass of wine or beer in the Clubhouse Ballroom on Friday, August 18 at 7 p.m. Tickets go on sale at the Clubhouse Activities Desk Wednesday, July 5 at 9 a.m. for \$12.50. Payment can be made with check payable to LACDD, Visa, or MasterCard only. This event is sponsored by Premier Events, which will be providing each person one free ticket to this show if they attend their Retirement 101 seminar in the Clubhouse Ballroom on July 11 at 5:30 p.m. Sign up at the Clubhouse Activities Desk by July 10.



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MEDICARE

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- * Comprehensive healthcare benefits

You may be able to enroll today! Call me for a free consultation!

E V E N T S

Lake Ashton Summer Day Trips

By Gail Spence, Clubhouse Activities Assistant

Day trips and group travel are designed to experience the best of Florida! Trips include reserved round trip transportation in deluxe motor coaches from the Clubhouse. Register and pay for day trips at the Clubhouse Activities Desk with checks payable to Small World Tours.

- ✱ **July 11 — Tradewinds Island Grand Resort, St. Pete Beach:** \$82/person includes a cookout on the beach
- ✱ **August 16 — Casino Cruise:** \$43/person
- ✱ **September 13 — Holocaust Museum,** \$63/person
- ✱ **October 28 — Hunsader Farms Pumpkin Festival:** \$49/person

5-Hour Casino Cruise

By Gail Spence, Clubhouse Activities Assistant

Travel to Port Canaveral for a Victory Casino Cruise with your Lake Ashton friends and neighbors on Wednesday, August 16. Bus leaves at 8 a.m. and arrives back in Lake Ashton around 6:30 p.m. Cost is \$43/person and includes roundtrip bus transportation, buffet dining, port boarding fee, \$20 in free qualifying slot play, entertainment with two

featured shows, and free drinks while gaming. The ship has over 600 slot machines, gaming tables including roulette, blackjack, Texas Hold'em and craps, indoor and outdoor bars, and Bingo. Photo ID required. Sign up and pay at the Clubhouse Activities Desk by August 8. Make checks payable to Victory Casino Cruise.

Holocaust Museum Bus Trip

By David Harrison

The LA Purple Stars Relay for Life team is hosting a trip to the Holocaust Museum in St. Petersburg on Wednesday, September 13 followed by a buffet lunch at Sweet Tomatoes. The bus will leave Lake Ashton at 8:30 a.m. and return at 3:30 p.m. The cost for a docent led tour of the museum and lunch, including tax & tip, is \$63/person. A \$5 donation to the American Cancer Society is included. Sign up at the Clubhouse Activities Desk with a check payable to LA Purple Stars. The bus holds 56, so sign up early.

Save the Date!

"Socks On For Alzheimers" fundraiser sock-hop will be held Saturday, October 21. Details to come.

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Pictured with Sheriff Judd — back row from left: Tassy DeAngelo, Liz Leigh, Mary Lou Wheat, Deb Nettleton, Charlotte Walter, Trish Kellar, Sheriff Judd, Mary DeCroes, Dean Phillips, Mary Donaldson, Margee Dersham, Sue Bloedorn, Patti Guay. Front row from left: Mafie Walker, Carol Morse, Pat Amstutz, Louise Price



opportunity "to pay it forward" and help support these girls build a better life and future for themselves. Additionally, it is always a great pleasure and honor to meet Sheriff Grady Judd, who is very committed to these children. For information on volunteer opportunities, visit youthbranches.org.

LALGA MAKING A DIFFERENCE

By Patty Wallner

For the ninth year, 16 LALGA gals participated in the 47th Annual Sheriff's Youth Villa Tournament at Bartow Golf Course. The team of Trish Kellar, Liz Leigh, Deb Nettleton and Pat Amstutz took Second Low Gross in the competition. What inspires Lake Ashton's participation in this tournament each year is the cause. The Sheriff's Youth Ranches were founded in 1957 to improve the lives of at-risk children throughout six Florida locations and comprehensive programs. Their nationally renowned network of residential child-care campuses offer a stable home to needy children, and are credited with helping more than 136,000 children and families in Florida. The Bartow campus opened in 1972 and currently houses 40 girls coming from troubled homes, ranging from 3 years to 18 years old. This location has the capacity to serve 50 troubled youngsters who are given the opportunity to become productive, law abiding members of the community. Over \$6,000 was raised last year for the Villas. This was an

LA NINERS

By Carol Gillespie

Members of the L.A. Niners women's golf league are pictured here receiving a "tip of the day" briefing from club pro Audra McShane before teeing off for one of their Tuesday golf outings. For this game, each player was allowed to toss out her score on two holes to arrive at her net score for the game. The winners were: blue/combo – Paula Brown; green #1 – Geri Krigelski and RaiEte Avel (tied); green #2 – Jan Wagner. The Niners have a full schedule of games planned for the summer months, including a two-day ringer tournament in July. Any woman golfer who would rather play a shorter game during the warm summer months should consider joining the Niners. The league welcomes any women golf club members who would like to play nine holes of golf with a fun-loving group of gals on Tuesday mornings. Schedules and sign-up sheets for each week are posted on the Niners' bulletin board outside the ladies room in the Pro Shop.

LAMGA

By Gary Pagel

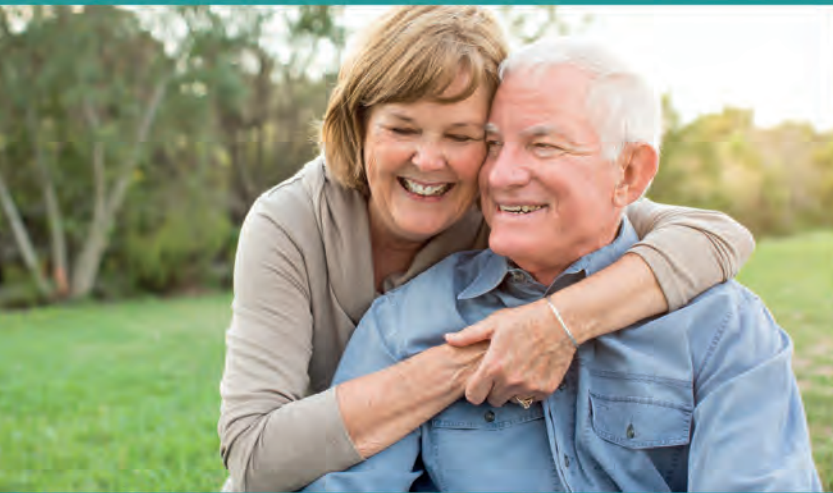
The summer heat is here and everyone needs to take care out there competing for supremacy over fellow members. Remember to stay hydrated and carry extra fluids along with towels and sun protection. Even a cloudy day can knock you down and out of your game. This summer tournament director Dave Dersham has put together a challenging and fun schedule with a "Pick Your Foresome" against the unmatched talent of your LAMGA board members on August 2, and a Mid-Summer 2-day/2-man tournament August 8 and 9. Watch the LAMGA bulletin board for the sign-up sheets. Not a member of the Lake Ashton Men's Golf Association? Just stop in to the Pro Shop and check with our friendly staff or check with one of our board members or go online to the Ashton Living website and look under the golf menu. The Men's League plays every Wednesday morning and there is always room for more. Have fun this summer. Stay healthy and remember, "You know your golf game is in trouble when the hole looks smaller than your ball!"

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Lake Ashton Amateur Radio Club (Part Three)

By Claude Brown

If you are interested in being a part of the Lake Ashton Amateur Radio team and learning efficient and effective communication procedures, you are needed. Polk County has 43 disaster shelters that can handle up to 140,000 persons. In an emergency, each shelter will need radio communications and "hams" will be called upon to supply communication. The Clubhouse and HFC will be utilized as triage centers for Lake Ashton and ham stations at each will be active. If you can help, get your ham radio license now. It requires a short multiple choice test (FREE). Radio equipment is supplied and on-air practice is also available. Contact Claude at 863.318.1869 or k7ten@yahoo.com for more details or come to the club meetings monthly on the second Thursday at 1 p.m. in the Clubhouse Craft Room.

LA Black Heritage Club

By Cynthia Hobley



The LA Black Heritage Club held its first Hawaiian/Caribbean Luau Party May 16 at the Pavilion. Event chairperson Jean Eakins coordinated the party with the help of club members. Gourmet delights included jerk chicken,

fried plantains, rice with beans, Jamaican beef patties with mango sauce, Santiago baked chicken, salads, desserts and tropical drinks, just to name a few of the goodies. The next meeting will be September 11 at 4 p.m. in the Clubhouse Card Room. Any questions, please call President Norman Wilderson at 863.268.7572. All are welcome to join.

Blankets of Love Lake Ashton (BOLLA)

By Pat Neaves

The Blankets of Love group has begun planning for Trash to Treasure March 2018. This event held every two years is the main revenue source that funds the supplies necessary to continue making blankets for children in crisis in Polk County. BOLLA is a 501(c)3 charity. As residents begin summer and fall cleaning, please put aside those unwanted gently used items. BOLLA will begin collecting these tax deductible items next February. New residents with questions can visit the Clubhouse Craft Room any Monday from 1 to 3 p.m. or call/email Pat Neaves at 863.326.9530 or patneav@aol.com. BOLLA appreciates the support from the Lake Ashton Community.

LA Belles

By Sharon Thomas

The July LA Belles will go to Lavender N' Lace on Wednesday, July 28 at noon. It is located in Lake Alfred at 430 North Lake Shore Way. Seating is limited to 35. Any lunch can be ordered from the menu plus a drink and dessert for a fixed price of \$22. Sign up and pay at the Clubhouse Activities Desk. Any questions, please call Sharon Thomas at 860.805.3306 or 407.273.8700.

Creative Stitchers

By Pat Howe

It's vacation and travel time and many stitchers have put projects on hold. The Tuesday gathering is smaller but projects are still being started and worked on. Stitchers are working hard to prepare for the Quilting and Needle Art Show February 21, 2018! If you stitch, embroider, quilt, knit, or sew come see the fun you may be missing on Tuesdays from 1 to 4 p.m. in the HFC Craft Room. All are welcome. Happy Stitching!

Democratic Club of Lake Ashton

By Annie Lutz

The Lake Ashton Democratic Club will hold its next meeting on Sunday, July 16 in the Clubhouse Ballroom at 3 p.m. All meetings will be held on the third Sunday of the month in the Clubhouse Ballroom at 3 p.m. Please RSVP to lakeashtondemocraticclub@gmail.com. Everyone is invited to attend the meetings but to become a club member you must bring your Democratic voter registration card.

Lake Ashton Singles

By Hazel McCord

The Lake Ashton Singles Group meets the first Sunday of the month at 3 p.m. in the Clubhouse Card Room to plan events and socialize. Next meeting is July 2. All Lake Ashton singles are welcome to attend.

Donations to Winged Foot Pet Play Park

By Myrna Soberman

Thank you to Albert & Veronica Metzler, and Kent & Rebecca Faughander for your generosity. All donations are greatly appreciated.

- Myrna Soberman, Secretary / Treasurer,
and Robert Brooks, President

Lake Ashton Cats & Canines

By Patricia Landskron

HOT! HOT! HOT!
Estimated Vehicle Interior Air Temperature v. Elapsed Time

Elapsed Time	Outside Air Temperature (F)									
	70	75	80	85	90	95				
0 minutes	70	75	80	85	90	95				
10 minutes	89	94	99	104	109	114				
20 minutes	99	104	109	114	119	124				
30 minutes	104	109	114	119	124	129				
40 minutes	108	113	118	123	128	133				
50 minutes	111	116	121	126	131	136				
60 minutes	113	118	123	128	133	138				
> 1 hour	116	120	125	130	135	140				

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These temperature correlations represent worst scenario variables: direct sun, no wind, very low humidity, and high radiant energy.

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It is amazing that, every year as temperatures rise, there are still reports of animals being left alone in hot vehicles, despite the fact that the dangers of doing so are well-known. Animals that exercise too vigorously in the heat, or who cannot get relief from the heat are also at risk for illness or injury. Never assume that it is OK to leave a dog or cat in a car unattended during warmer weather, and carefully monitor and limit strenuous exercise periods for a dog in high temperatures. Reduce the time a dog is allowed to walk or run and do NOT exercise a dog by having them run beside a golf cart. Keep in mind that obese dogs or ones that only exercise occasionally are particularly vulnerable to overheating. Restrict exercise when outside temperatures are above 80 degrees. If any potential signs of distress are seen in a dog, take prompt steps to cool him, such as cool water to drink, shade, air-conditioning and placing cold wet towels over the dog. If there is any doubt about how serious the situation may be, call a veterinarian immediately. For help with a cat or dog rescue, call David Landskron at 863.206.1776 or 813.482.2090.

Magic Years Club

By Becky Faughander

The Club will be on summer hiatus until September — there will be no meetings in July or August. Save the Date for Sunday, September 10 to meet at 6:30 p.m. in the Cinema to view *Avatar*. Bring a snack and drink if you wish, along with your ideas and sign up for lunch meetings for the next year.

The Magic Years Club usually meets on the first Tuesday of the month in the HFC Craft Room at 7 p.m. unless otherwise specified. The Magic Years Club is open to all Lake Ashton residents who enjoy learning about and going to Walt Disney World for luncheons and special events. Sign up for this club under Manage Subscriptions when you go onto ashtonliving.net to receive periodic email updates. Check with Clubhouse staff for assistance. An update will go out in August with upcoming events and dates for September through December. Have a safe and enjoyable summer break and see you in the fall.

Lake Ashton Republican Club

By Michele Louapre-Brooks



The Lake Ashton Republican Club would like to thank all who attended and contributed to the first Patriots Day Dinner, awarding Polk County Sheriff Grady Judd the Patriot award for 2017. Sheriff Judd has been also honored by the National Sheriff's Association as Sheriff of the Year, and Polk County has been honored as the top Sheriffs Department in counties with populations of more than 500,000. The dinner was a huge success by the efforts of the Lake Ashton Republican Club — looking forward to seeing you next year for the second Patriots Award Dinner. The next meeting will be August 23 at 4 p.m. at the HFC. Refreshments will be served.

Sassy Lassies

By Jackie Perez



The LA Sassy Lassies met for lunch June 14 at Azteca d'Oro, Hostesses JoAnn Malcolm and Fan Crabtree provided homemade sombrero cookies served in Margarita glasses, which were admired by all. June birthdays were celebrated, and Nancy Scali and JoAnn Malcolm were honored. Next month the event will be held at Brunch Barn in Winter Haven.

WW Connection

By Nancy Welch

Widows or widowers living in Lake Ashton are invited to join this group for a fun night. The group meets the third Tuesday of the month in the Clubhouse Card Room at 5 p.m. for drinks followed by dinner at 6 at Fire. The next meeting is July 25. This is a great time to meet new people who have also experienced a life-changing event. New and existing members are all welcome. Please email Nancy Welch to let her know you will be attending at rwnw5433@gmail.com. She will add you to the group email she sends out and also will have a headcount to make a reservation. Hope to see you at the next dinner!

Save the Date! The LA Purple Stars will sponsor a benefit concert to raise funds for the American Cancer Society in the Ballroom Friday, January 19, 2018 at 7:30 p.m. Details to come.



LA Travelers May Rally

By Connie Sheppard

Wilderness RV Resort in Silver Springs was home base for 31 Lake Ashton Travelers for their May rally. Highlights included a visit to the Marjorie Kinnan Rawlings State Park with a tour of her Florida homestead, lunch at The Ivy House in Ocala, a glass bottom boat tour at Silver Springs State Park, a trip to the Gypsy Gold Farm, home of the Gypsy Vanner horse breed, several catered meals, a surprise birthday celebration and live music. Rally hosts were Bonnie Simpson, Carl Thistle and Dave and Connie Sheppard. *Photo by Ed Pan.*

United for Action

By Kate Delles

United for Action, a non-partisan Lake Ashton club, is gathering signatures for a petition for a Florida Constitutional Amendment to restore voting rights of Floridians with felony convictions who have completed their sentencing (excluding murderers and sexual offenders). Florida, Iowa, and Arkansas are the only three states that still require a lengthy, expensive process by which the Governor and Cabinet vote on a case-by-case basis to restore voting rights. There will be a table set up at Monday Coffee for convenience in signing the petition. Please stop by. For more information, or with any questions, call Kate at 863.268.2283.

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Activity leaders are asked to please notify the Clubhouse Activities Desk if you would like your Clubhouse room reservation extended or renewed through 2018. This is also a good time for activity leaders to review their web page, posters and cable channel announcements. Contact the Activities Desk at 863.324.6032 or gspence@lakeashtonccd.com.

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Monday Duplicate Bridge

By Linda Ford

May 1

North/South: Don Fuller & Jim Ford, Marion & Roger Nelson, Connie & Ken Ross

East/West: Pauline Pare & Nelda Sedlacek, Cheryl Tillman & Ron DeStefano, Bob Wendin & Mary Beth Ranheim

May 8

North/South: Pat Foster & Sonny Robinson, Roger & Marion Nelson, Jim Ford & Don Fuller

East/West: Marge Kniat & John O'Reilly, Nelda Sedlacek & Pauline Pare, Margot & Keith Stevens

May 15

North/South: Don Fuller & Jim Ford, Sonny Robinson & Pat Foster, Chris Egberts & Bob Wendin

East/West: Judy Marine & Geri Duffy, Pauline Pare & Nelda Sedlacek, Edie Boles & Marge Kniat

May 22

North/South: Ken & Connie Ross, Pat Foster & Sonny Robinson, Nelda Sedlacek & Pauline Pare

East/West: Barb Cassidy & Dana Griffith, Geri Duffy & Judy Marine, Nancy Martins & Mary Lois Teyssier

Gentlemen & Ladies Tuesday Bridge

By Marge Kniat

May 16: Linda Boast, Jim Mark, Connie Ross, Judy Marine

May 23: Linda Boast, Carl Boast, Judy Marine, Faye Cooke

May 30: Marge Kniat, Judy Marine, Joe Echols, Carl Boast

June 6: Carl Boast, Marge Kniat, Judy Marine

June 13: Linda Boast, Nancy Martins, Carl Boast

Linda & Carl Boast played beautifully this month and deserve high recognition.

Friday Bridge

May 19: Sheri Merritt, Ken Ross, Dana Griffiths

May 26: Connie Ross, Nancy Martins, Mary Lois Teyssier

June 2: Dana Griffiths, Geri Duffy, Marge Kniat

June 9: Nelda Sedlacek, Judy Robertson, Pat Mark, Judy Marine

Euchre Winners

By Mary Lois Teyssier

May 13: Bob Kane

May 27: Norma Haring, Pam Totten, Rich Totten, Don Cook

June 10: Vivian Harmon, Jim Brendenmuehl, Larry Larson, Bob Kane

500 Bid Cards

By Kerry Giebler

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Pet Co-op

By Don Cook

The Pet Co-op Social/Dinner and Program will be held Wednesday, July 12. Social hour begins at 5 p.m. and dinner will follow at 5:30 p.m. in Fire at Lake Ashton. There will be no programs during the months of July and August this year. You need not be a member of the Pet Co-op to attend. Reservations are \$2 per person and can be purchased at the Clubhouse Activities Desk. The \$2 fee will give you raffle tickets. Thanks to Cal and Barb Posner, new members of the Pet Co-op Committee.

Order forms for the new Pet Co-op Golf Cart Flags can be obtained at the Clubhouse Activities Desk. Flags, with your pet(s) name(s) cost \$22 each, and the top quality flag poles cost \$20 each. If you purchase the flag and the pole at the same time the cost for the package is \$40 each. Call Don Cook at 863.875.8570 for any additional information.

East and West Community Potluck Dinner

By Kerry Giebler



Good friends' company and lots of delicious dishes were enjoyed by all at the June Potluck dinner. There were salads, spaghetti, potato casserole, chicken, kielbasa, and sauerkraut (just to name a few), with carrot cake, brownies, and cookies for dessert.

After dinner a 20-minute slide show of the beautiful wildlife at the Circle B was presented by Barbara Ann Comer. Several familiar birds, alligator, raccoons, armadillo, squirrels, and even beautiful butterflies and plants were featured. It was a very informative and enjoyable presentation! John and Merisa Velebir were introduced and welcomed as additional new facilitators for the potluck dinners.

The next potluck dinner will be July 9 at 5 p.m. in the Clubhouse Ballroom. Please bring a dish to serve eight that starts with the first letter of the street you live on here in Lake Ashton. How inventive can everyone be using one simple letter? The cost is \$2 per person. See you there!

Catholic Community Potluck

By Jackie Perez and Ronnie Metzler

Announcing the ending of Catholic Community Potlucks due to lack of volunteers! It has been a great time for the past several years!

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Clubhouse Fitness Center Orientation

By Gail Spence, Clubhouse Activities Assistant

Lake Wales Medical Center is facilitating a complimentary orientation to the Clubhouse Fitness Center July 28 at 5 pm. Those who are interested in learning how to safely operate the equipment can meet with a fitness professional for one hour. No advance registration is required.

Wellness News from the HFC

By Mary Bosman, LAICDD Community Director

Circuit Training for Lake Ashton residents is held on the first and third Mondays of each month at 3 p.m. Personalized fitness plans and fitness goals are explained and planned for attendees. Call the HFC at 863.595.1562 to sign up for the next training, as three persons or less in a class provides optimum training opportunities and personalized programming information. Stop into the Fitness Center at 9:30 a.m. on the second Thursday of each month for Fitness Equipment Orientation. This class will help prepare you for the Circuit Training if you wish to go ahead with a personalized plan. There is no fee for either of these activities and they are taught by Certified Fitness Instructors. Laurie Heverly is a certified personal trainer in addition to her fitness instruction. Certified massage therapists Paulette Edmonds and Kasia Brunson are available by appointment at the HFC.



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Lake Ashton Water Volleyball

By Linda Boast

Thursday Co-ed Water Volleyball will be on summer hiatus and will begin again September 7. Have a great summer and see you in the fall for fun and laughs!

Yoga Share

By Diane Yeager

Yoga Share continues to get together through July, but will not meet during the month of August. It is probably apparent from the picture that this friendly group enjoys Wednesday morning from 8:45 to 9:45 a.m. The DVDs used emphasize



movement to ease tension, increase flexibility, muscle tone, and balance. A yoga mat is all that is required for beginners and more experienced participants. Each week is different. Summer is a good time to begin indoor exercise, and this class is free.

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Beading Buddies

Facilitator: Nancy Ferreira
 2nd & 4th Tuesdays
 11 a.m. to 1 p.m. and 7 to 9 p.m.
 Clubhouse Craft Room

The Artsy Group

Facilitators: Connie Eaton
 (863.324.5984) and Angie Craft
 (863.875.6696, 321.750.1141)
 Mondays, 9 a.m. to noon
 Clubhouse Craft Room
 Bring any art related project to work on

Bob Ross Oil Painting Class



Instructor: Kay Lenherr
 Saturday, July 8
 1 to 4 p.m.
 Songbird of the Tropics
 Clubhouse Craft Room
 Sign up at the Clubhouse Activities Desk - \$35/person

Creative Stitchers

Facilitator: Pat Howe
 Bring a stitching project to work on
 Tuesdays, 1 to 4 p.m.
 HFC Craft Room

Painting on Porcelain

Instructor: Helen Cork
 Wednesdays from 1 to 4 p.m.
 HFC Poker Room
 \$20 per class

Sew What and So Much More

Facilitator: Gretchen Frantz
 (863.875.0195)
 Crochet, knit, craft sewing & more
 Thursdays, 1 to 4 p.m.
 HFC Craft Room

LA Ceramics Chicks Club

Instructor: Mary Bosman, Certified Duncan Instructor
 Wednesdays, 9 a.m. to 1:30 p.m.
 HFC Craft Room - \$35/year, plus paint supplies

Alzheimer's Support Group

Facilitator: Chris Wilcox
 Fourth Wednesday at 11 a.m.
 Clubhouse Craft Room and
 Clubhouse Conference Room

Caregivers Support Group

Facilitator: Donna Ruggiero
 (863.875.0151)
 Second Friday, 11 a.m.
 Clubhouse Card Room

Grief Support Group

Facilitator: Good Shepherd Hospice
 First Thursday, 10:30 a.m.
 HFC Card Room

Parkinson's Support Group

Facilitator: Bob Harmon
 First Friday, 10 a.m.
 Clubhouse Ballroom

Beginner's Mah Jongg Lessons

Facilitator: Myrna Soberman
 (863.969.3622, sobe1@tampabay.rr.com)
 First, second & fourth Tuesdays
 7 to 9 p.m.
 HFC Card Room
 Contact Myrna to reserve your space (limit 8 attendees)

A new class will begin in July. Those of you who are in class now and would like to continue learning to play Mah Jongg, will have spaces reserved if desired. Please call or email as soon as possible to reserve.

Tai Chi

Tuesdays at 11:30 a.m.
 HFC Sports Court
 Those diagnosed with Parkinson's and caregivers are free, all others \$5

Hatha Yoga

Mentor: Gina Krall
 Thursdays, 11 a.m.
 HFC - all levels welcome

Yoga Share

Coordinators: Diane Yeager & Nancy Byrne
 Wednesdays, 8:45 to 9:45 a.m.
 Clubhouse Ballroom
 Practice to DVD's, alternating programs to get variety, emphasizing stretching, postures, and relaxation. All skill levels welcome. Bring a mat to this free class.

Chair Yoga & Easy Qi Gong

Certified Instructor: Joanne Miknis
 Fridays at 11 a.m.
 HFC Community Center
 Gentle movements reduce stress, build stamina, increase vitality and enhance the immune system
 \$5/class

Aqua Reloaded

Wednesdays and Fridays at 10 a.m.,
 1st & 3rd Mondays at 1:30 p.m.
 HFC Indoor Pool

Square Dance Lessons

Instructor: Keith Stevens
 Thursdays, 6 to 7 p.m.
 Clubhouse Ballroom

Ladies Bible Study

Instructor: Barbara Ann Comer



Topic: Having a Real Relationship with God. Tuesdays at 2 pm beginning July 18
 5225 Green Drive,
 Winter Haven

This basic 6-week Bible study is ideal for any woman who has little or no experience studying the Bible. This transforming study offers hope to any woman who yearns to know God and relate to Him in meaningful ways.

The cost of the book is \$8.60. Please contact Barbara Ann if you have any questions or plan to participate, at 863.324.2552.

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Lake Ashton Clubhouse

4141 Ashton Club Drive

Lake Wales, FL 33859

Phone: 863.324.5457

Fax: 863.324.5829

Office Hours: 9 a.m. to 5 p.m.

LA CDD Community Director:

Tricia Adams

tadams@lakeashtoncdd.com

Lake Ashton Health & Fitness Center (HFC)

6052 Pebble Beach Boulevard

Winter Haven, FL 33884

Phone: 863.595.1562

Fax: 863.595.1567

Office Hours: 8 a.m. to 4 p.m.

LA II CDD Community Director:

Mary Bosman

mbosman@lakeashton2cdd.com

www.ashtonliving.net

Lake Ashton employees are at your service. We want your experiences in the Clubhouse, Golf Course and HFC to be as pleasant and memorable as possible.

Activities Desk - Gail Spence	863.324.6032	gspence@lakeashtoncdd.com
LA Times, Channel 732, ashtonliving.net - Valerie McCutcheon	863.324.6032	valerie@lakeashtoncdd.com
Club Office Manager - Christine Wells	863.324.5457	cwells@lakeashtoncdd.com
HFC Activities Desk - Karen Van Kirk	863.595.1562	kvankirk@lakeashton2cdd.com
Fire at Lake Ashton Restaurant	863.324.5810	fire@lakeashtoncdd.com
HOA Office (LW)	863.325.0065	office@lakeashtonhoa.org
MX Communications - Diana Mefford	863.326.1304	dmefford@lakeashtongolf.com
Golf Club - Paul Sisemore, Golf Pro	863.326.1032	psisemore@lakeashtongolf.com
Eagle's Nest	863.326.1085	vmoore@lakeashtongolf.com
Lake Ashton Sales Office	863.324.8664	

Gate House & Security Officers

Thompson Nursery Road (Lake Wales): 863.324.7290

CR 653 (Winter Haven): 863.318.0237

Lake Wales Police Department Non-Emergency: 863.678.4223

Winter Haven Police Department Non-Emergency: 863.291.5858

Polk County Sheriff's Office Non-Emergency: 863.298.6200 (to report identity theft or credit fraud)

Nuisance Alligator Hotline: 1.866.FWC.GATOR (392.4286)

In Case of Emergency, Dial 911

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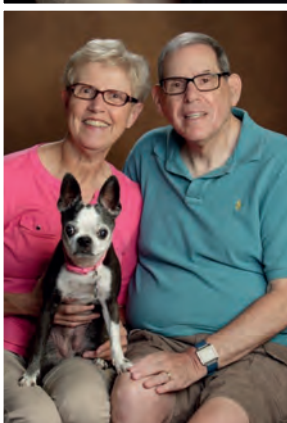
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863-294-7355



Pet Portraits

The Lake Ashton Pet Co-op treated residents to a free portrait session that included furry (or feathered!) family members this past April. All photos were taken by resident and professional photographer Phil Hines. Read more about the Pet Co-op, including new golf cart flags available for purchase, on page 21.



"Pets are humanizing. They remind us we have an obligation and responsibility to preserve and nurture and care for all life."

- James Cromwell

